

No ABpologies for Cutting a Rug

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Sue Korek (USA) - 25 February 2025
音樂: Apologize - Luke Bryan
或: Dancing's Done - Ava Max



Alternate Music:

Dancing's Done (Ava Max—27 January 2023) Intro: 34 seconds on lyrics "I wanna give into...", bpm=114

Intro: 16 counts, start on vocals

Section 1 (POINT, TOUCH, HEEL, LIFT (HOOK), VINE RIGHT)

- 1-2 Point R to right, touch R beside L
- 3-4 Touch R heel forward, lift (hook) R heel to left leg (just below knee)
- 5-6 Step R to right, step L behind R
- 7-8 Step R to right, touch L beside R

Section 2 (POINT, TOUCH, HEEL, LIFT (HOOK), VINE LEFT)

- 1-2 Point L to left, touch L beside R
- 3-4 Touch L heel forward, lift (hook) L heel to right leg (just below knee)
- 5-6 Step L to left, step R behind L
- 7-8 Step L to left, touch R beside L

Section 3 (FORWARD RIGHT RUMBA BOX)

- 1-2 Step R to right side, step L beside R
- 3-4 Step R forward, touch L beside R
- 5-6 Step L to left side, step R beside L
- 7-8 Step L back, touch R beside L

Section 4 (V-STEP, JAZZ BOX 1/4 TURN RIGHT, STEP R WITH CLAP, L WITH CLAP)

- 1-2 Step R forward, step L forward
- 3-4 Step R back, step L back
- 5-6 Cross R over L, step L back
- 7-8 1/4 turn right step R (with clap), step L (with clap)

Enjoy this Absolute Beginner dance!

Contact: suekorek@gmail.com

Last Update: 19 Apr 2025
