

Sepohon Kayu

拍數: 52 牆數: 4 級數: Improver
編舞者: Wiwik Katarina (INA) - March 2025
音樂: Sepohon Kayu - Suficoustic : (Ustadz Jefri Al Buchori Cover)



The dance start on vocal - NO TAG NO RESTART

I. (CROSS ROCK – RECOVER - SIDE CHASSE) R – L

- 1, 2, 3 & 4 Cross Rf over Lf (1), Recover on Lf (2), Rf side (3), Lf beside Rf (&), Rf side (4)
5, 6, 7 & 8 Cross Lf over Rf (5), Recover on Rf (6), Lf side (7), Rf beside Lf (&), Lf side (8)

II. TWINKLE, ½ L HINGE TURN, SIDE ROCK RECOVER WITH HIP SWAY

- 1, 2, 3 Cross Rf over Lf (1), Step L ball to side weight on L (2), Transfer your weight on R stepping Rf in place (3)
4, 5, 6 Cross Lf over Rf (4), ¼ L step Rf back facing 9:00 (5), ¼ L side facing 6:00 (6)
7, 8 Rock Rf to side with sway R hip (7), Recover on Lf with sway L hip weight on L (8)

III. TWINKLE, ½ L HINGE TURN, SIDE, TOGETHER

- 1, 2, 3 Cross Rf over Lf (1), Step L ball to side weight on L (2), Transfer your weight on R stepping Rf in place (3)
4, 5, 6 Cross Lf over Rf (4), 1/4 L step Rf back facing 3:00 (5), ¼ L side facing 12:00 (6)
7, 8 Rf side (7), Lf together (8)

IV. RUMBA BOX

- 1 - 4 Rf side (1), L together (2), Rf back (3), Hold (4)
5 - 8 Lf side (5), Rf together (6), Lf fwd (7), Hold (8)

V. ¼ R DIAMOND WITH HOLD

- 1 - 4 Cross Rf over Lf (1), 1/8 R step Lf back facing 1:30 (2), Rf back (3), Hold (4)
5 - 8 Step Lf back (5), 1/8 R side facing 3:00 (6), Step Lf fwd (7), Hold (8)

VI. FWD ROCK, RECOVER, BACK LOCK SHUFFLE, BACK ROCK, RECOVER, ½ R BACK LOCK SHUFFLE

- 1, 2, 3 & 4 Rock Rf fwd (1), Recover on Lf (2), Rf back (3), Cross Lf over Rf (&), Rf back (4)
5, 6, 7 & 8 Rock Lf back (5), Recover on Rf (6), ½ R step Lf back facing 9:00 (7), Cross Rf over Lf (&), Lf back (8)

VII. SWAY R L R L

- 1 - 4 Step Rf side sway your hip to R - L – R - L weight on Lf

Enjoy the dance

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