Hard Fought



拍數: 96 牆數: 2 級數: Intermediate

編舞者: Kelly Cavallaro (USA) - February 2025

音樂: Hard Fought Hallelujah - Brandon Lake & Jelly Roll



Dance starts 24 counts in

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[1-6] Step sweeps	: Y2	SWEEDS	Sten	[1_6]	ſ

- 1,2,3 Step R forward while sweeping L foot back to front (* can also drag L on this one)
- 4,5,6 Step L forward while sweeping R foot back to front

[7-12] Twinkles back x2

1,2,3 Step R crossing over L, step L out to L, step R back 4,5,6 Step L crossing over R, step R out to R, step L back

[13-18] Turning basic, coaster step

- 1,2,3 Cross R over L, step L back making 1/4 turn to R (3:00), step R back
- 4,5,6 Step L back, step R back next to L, step L forward

[19-24] Turning basic, coaster step

- 1,2,3 Step R forward, step L making 1/4 turn to L(12:00), step R back making 1/4 turn L(9:00)
- 4,5,6 Step L back, step R back next to L, step L forward

[25-30] Weave with Hitch

- 1,2,3 Step forward on R making 1/4 to R (12:00), step L to L, step R behind L while hitching L
- 4,5,6 Slowly hitch L from front to back (prepping to step L behind R on 1)

[31-36] Weave with SWEEP

- 1,2,3 Step L behind R, step R to R, step L over R while beginning to sweep R back to front
- 4,5,6 Slowly sweep R back to front (prepping to cross R over L on 1)

[37-42] Twinkles forward x2

1,2,3 Cross R over L, step L to L, step R forward 4,5,6 Cross L over R, step R to R, step L forward

[43-48] Rock recovers x2

- 1,2,3 Rock R diagonally forward (10:30), hold, recover back on L
- 4,5,6 Rock R diagonally back, hold, recover on L

[49-54] Diamond half turn

- 1,2,3 Step R forward (10:30), step L to L turning 1/8 to R (12:00), step R back diagonally (1:30)
- 4,5,6 Step L back diagonally (1:30), step R to R making 1/8 turn to R (3:00), step L forward
 - diagonally (4:30)

[55-60] Diamond half turn

- 1,2,3 Step R forward (4:30), step L to L turning 1/8 to R (6:00), step R back diagonally (7:30)
- 4,5,6 Step L back diagonally (7:30), step R to R making 1/8 turn to R (9:00), step L forward
 - diagonally (10:30)

[61-66] Step point with 1/8 turn, step point

- 1,2,3 Step R forward squaring up to front (12:00), point L out to L, hold
- 4,5,6 Step L forward, point R out to R, hold

[67-72] Sailor steps x2

1,2,3 Step R behind L, step L to L, step R in place4,5,6 Step L behind R, step R to R, step L to L making 1/8 turn to L (10:30

[73-78] Pivot 1/2 turn, walks x3

1,2,3 Step R forward making 1/4 turn to R (1:30), step L next to R making 1/4 turn to R (4:30), step

R forward (4:30)

4,5,6 Walk L,R,L forward (4:30)

[79-84] Lunge forward, Sway Back

1,2,3 Lunge R forward, hold, recover back on L4,5,6 Sway back on R, hold, recover on L

[85-90] Step with hitch 1/8 turn, cross, out, step with 1/8 turn

1,2,3 Step R forward (4:30) while hitch L, making a 1/8 turn R (6:00) (prepping to cross L over R

for 4)

4,5,6 Cross L over R, step R to R, step back on L making 1/8 turn to L (4:30)

[91-96] Step, point, step with 7/8 sweep

1,2,3 Step back on R, point L foot back, hold

4,5,6 Step L forward (4:30) while sweeping R around making 7/8 turn to L (end at 6:00)

Restarts - on wall 3 and wall 7 after 24 counts

* Make a 1/4 turn to R as you step for 1, sweeping the L to get you around

Last Update - 11 Mar 2025