Cantare Mambo



編舞者: Header Kim (KOR) - March 2025 音樂: Cantaré (feat. Lenier) - Pitbull



* INTRO: 32 counts, No Tag, 2 Restart

**2 Restarts – 3, 6 Wall (After finished 16 counts 2, 5 Wall)

Sec 1: Side, Together, Side Chasse, Side Mambo L - R

1 - 2	Step RF side to R, Step LF next to RF
3 & 4	Step RF side to R, Step LF next to RF, Step RF side to R
5 & 6	Step LF side to L, Recover weight on RF, Step LF next to RF
7 & 8	Step RF side to R. Recover weight on LF. Step RF next to LF.

Sec 2: Side, Together, Side Chasse, Side Mambo R - L

1 - 2	Step LF side to L Step RF next to LF
3 & 4	Step LF side to L, Step RF next to LF, Step LF side to L
5 & 6	Step RF side to R, Recover weight on LF, Step RF next to LF
7 & 8	Step LF side to L, Recover weight on RF, Step LF next to RF

Sec 3: Syncopated Turning Volta R 1/2, Syncopated Turning Volta L 1/2

1 - 2	Step RF forward 1/4 turn to R, Step LF behind RF
3 & 4	Step RF forward 1/8 turn to R, Step LF behind RF, Step RF forward 1/8 turn to R (6:00)
5 - 6	Step LF forward 1/4 turn to L, Step RF behind LF
7 & 8	Step LF forward 1/8 turn to L, Step RF behind LF, Step LF forward 1/8 turn to L (12:00)

Sec 4: Cross Mambo L - R, Pivot turn L1/2, L1/4 turn with shimmy, Together

1 & 2	Step RF cross over LF, Recover weight on LF, Step RF next to LF
3 & 4	Step LF cross over RF, Recover weight on RF, Step LF next to RF
5 - 6	Step RF forward, 1/2 turn to L (6:00)
7 - 8	Step RF 1/4 turn to L with shimmy, Step LF next to RF (3:00)

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