

Don't Look!

拍數: 64 牆數: 2 級數: Beginner / Improver
編舞者: Helaine Norman (USA) - March 2025
音樂: I Don't Look Good Naked Anymore - The Snake Oil Willie Band
或: I Don't Look Good Naked Anymore - Jacinis



INTRO: 16

No tags or Restarts

Note: This dance is meant to be comical like the song and comedic movements are encouraged.

I. HEEL, HOOK, HEEL, HITCH; STOMP, STOMP, PIGEON TOES

- 1-2 Touch R heel forward, hook R over L shin
- 3-4 Touch R heel forward, hitch R
- 5-6 Stomp R forward, step L forward
- 7-8 Stand on balls of both feet, split heels apart, return them together, weight on L

II. FORWARD-ROCK, RECOVER, BACK, HITCH; BACK, HITCH, BACK-ROCK, RECOVER

- 1-2 Rock R forward, recover to L
- 3-4 Step R back, hitch L
- 5-6 Step L back, hitch R
- 7-8 Rock R back, recover to L

III. PIVOT ¼ R-TURN; ROCKING CHAIR

- 1-4 Step forward, hold, making ½ turn left, weight to L, hold (6:00)
- 5-8 Rock R forward, recover to L, rock R back, recover to L

IV. PIVOT ¼ R-TURN, ROCKING CHAIR

- 1-4 Step forward, hold, making ½ turn left, weight to L, hold (12:00)
- 5-8 Rock R forward, recover to L, rock R back, recover to L

Optional styling for count 5: Step R heel forward (with weight instead of step R foot forward)

V. SIDE, TOUCH, STEP ¼ L-TURN, TOUCH; V-STEP

- 1-2 Step R side, touch L together
- 3-4 Making ¼ turn left step L (9:00), touch R together
- 5-6 Step R forward diagonally, step L forward diagonally
- 7-8 Step R to center, step L together

Optional styling for count 5: Step R heel forward (with weight instead of step R foot forward)

VI. CROSS, SIDE, BEHIND, SIDE, OVER, SCUFF

- 1-2 Step R over
- 3-4 Step L side
- 5-8 Step R behind, step L side, step R over, scuff L forward

VII. JAZZ BOX ¼ L-TURN ENDING WITH TOUCH

- 1-2 Step L ball over, drop L heel
- 3-4 Step R ball back, drop R heel
- 5-6 Making ¼ turn left step L ball L side, drop L heel (6:00)
- 7-8 Touch R together, hold

Optional for counts 7-8: Stomp R, hitch R

VIII. VINE WITH MODIFIED HITCH X2

- 1-4 Step R side, step L behind, step R side, hitch L with L knee facing L forward diagonally and L toes pointed up and outward (duck footed)

5-8 Step L side, step R behind, step L side, hitch R with R knee facing R forward diagonally and
R toes pointed up and outward (duck footed) up and outward

Optional 1-8: Basic vines with either hitches or touches on counts 4 and 8

Suggested styling options on counts 4 and 8: Raise arms out to side with hands/palms facing forward. You may also choose to slap the side of the leg you hitch.

REPEAT

ENDING: After 12 counts of wall 9 facing 6:00:

½ L-TURN SHUFFLE: Making ¼ turn left step R side (3:00), step R together, making ¼ turn left step L forward (12:00)

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