

# Loved One (心所愛的人)

COPPERKNOB  
STEPSHEETS

拍數: 32                      牆數: 4                      級數: Beginner  
編舞者: Belinda Yoong (MY) & Lily Liu (MY) - March 2025  
音樂: Loved One (心所愛的人) - Tsai Hsiao-hu (蔡小虎)



Sequence: 32/ 32/ 32/ 32/ 32/ 32/ TAG / 32/ 32/ 32/ 32/ 32/ TAG / 32/ 32/ TAG / ENDING

## Intro :

### ( 1 ) SIDE , TOGETHER , CHASSE RIGHT , ROCKING CHAIR

1 2                      Step R to right , Step L beside R  
3 & 4                    Step R to right , Close L beside R , Step R to right  
5 6                      Cross rock L over R , Recover on R ( facing 1:30)  
7 8                      Rock L back , Recover on R

### ( 2 ) Repeat mirror steps to left

### ( 3 ) WALK , WALK , SHUFFLE FWD , PIVOT 1/2 TURN RIGHT , SHUFFLE FWD

1 2                      Walk fwd on R , L  
3 & 4                    Shuffle fwd on R L R  
5 6                      Step L fwd , Pivot 1/2 turn right stepping R fwd (6:00)  
7 & 8                    Shuffle fwd on L R L

### ( 4 ) Repeat ( 3 )

## SEC 1 ( SIDE ROCK , RECOVER , CHA CHA ON THE SPOT ) R & L

1 2                      ROCK R TO RIGHT , RECOVER ON L  
3 & 4                    Cha Cha in place R L R  
5 6                      Rock L to left , Recover on R  
7 & 8                    Cha Cha in place L R L

## SEC 2 ( CROSS SHUFFLE WITH TOUCH ) R & L

1 2                      Cross R over L , Step L to left  
3 4                      Cross R over L Touch L to left  
5 6                      Cross L over R , Step R to right  
7 8                      Cross L over R , Touch R to right

## Sec 3 BASIC CHA CHA

1 2                      Rock R fwd , Recover on L  
3 & 4                    Back cha cha on R L R  
5 6                      Rock L back , Recover on R  
7 & 8                    Shuffle fwd on L R L

## Sec 4 STEP , PIVOT 1/2 TURN LEFT WITH HOOK , SHUFFLE FWD , PADDLE 1/4 TURN LEFT ( 1/8 , 1/8 )

1 2                      Step R fwd , 1/2 turn left hooking L (6:00)  
3 & 4                    Shuffle fwd on L R L  
5 6                      Step R fwd , 1/8 turn left ( weight onto L )  
7 8                      Step R fwd , 1/8 turn left ( weight on L ) (3:00)

## TAG: ROCKING CHAIR

1 2                      Rock R fwd, Recover on L.  
3 4                      Rock R back, Recover on L.

