

She Can Dance

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Joshua Talbot (AUS) - March 2025
音樂: She's Nothing But A Good Time - Kilotile



Intro: 16 counts
Restarts: 2 restarts

Section 1: R SIDE, ROCK BACK, RECOVER, L LOCK SHUFFLE FWD, ½ PIVOT, ¼ SIDE

1, 2, 3 Step R to R, rock L back, Recover weight R
4&5 Step L fwd, lock R behind L, step L fwd
6, 7 Step R fwd, ½ L taking weight L
8 ¼ L step R to R

Section 2: L SAILOR, R SAILOR, BEHIND, ¼ FWD, FWD, ½ HITCH

1&2 Step L behind R, step R to R, step L to L
3&4 Step R behind L, step L to L, step R to R
5, 6 Step L behind R, ¼ R step R fwd
7 Step L fwd (keep weight fwd on the ball of your L foot)
8 Making a ½ R turn on ball of L as you raise R knee up

Note: When turning with your R knee, raise it up and bring it back prepping for next count.

Arm styling: On wall 1 only when you do count 8 (R knee up) spray hand up and out as you make the half turn.

Section 3: BACK, HOLD, HIP FWD, HIP BACK, WALK, WALK, WALK, SIDE BALL STEP

1, 2 Step/rock R back slightly pushing R hip back, HOLD
3, 4 Recover weight fwd pushing L hip fwd, recover weight R pushing R hip back
5, 6, 7 Walk L fwd, walk R fwd, walk L fwd
&8 Rock/push R to R side, recover weight L

(Styling: Counts 1-4 your body should be opened to R diagonal to allow your hips to sway Back/fwd)

Section 4: ¼ JAZZ BOX CROSS, VINE R (OR DOUBLE REVERSE TURN)

1, 2, 3, 4 Cross R over L, ¼ R step L back, step R to R, cross L over R
5, 6, 7, 8 Step R to R, step L behind R, step R to R, cross L over R

Or double reverse turn option:

5, 6, 7, 8 ¼ L step R back, ½ L step L together, ½ L step R together, ½ L step L together

(1) If doing the double reverse turn option, you will need to add an extra ¼ L as you step R to R on count number one (1) of each next wall.

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Restarts: On wall 4 & 7 at count 20: Dance to count 18, then on count 19 step L fwd, count 20 bring R knee up. Then Restart

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