

Yi Lu Sheng Hua (一路生花)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Penny Tan (MY) - March 2025
音樂: Yi Lu Sheng Hua (一路生花) - Wen Yi Xin (溫奕心)



Intro: 32C – Tag x3 / No Restart

Tag :Basic NC R-L

1-2& Big step RF to R , slightly cross LF behind RF , recover on R
3-4& Big step LF to L , slightly cross RF behind LF , recover on L

***Tag (4&C) at the end of W2 (6:00), W5 (3:00) & W6 (6:00)**

SEC1:BASIC NIGHT CLUB (R-L) , RUMBA BOX

1-2& Big step RF to R , slightly cross LF behind RF , recover on R
3-4& Big step LF to L , slightly cross RF behind LF , recover on L
5&6 Step RF to R , step LF next to RF , step RF fwd
7&8& Step LF to L , step RF next to LF , step LF back , step RF next to LF

SEC2:BACK WITH LIFT R , FWD ,FWD , SERPIENTE , CROSS , RECOVER , SIDE

1-2& Step LF back with slightly lift RF up , step RF fwd , step LF fwd
3-4& Cross R over L and sweep L to front, cross L over R, step R to side
5-6& Cross L behind R and sweep R to back, cross R behind L, step L to side
7-8& Cross RF over LF , recover on L , step RF to R

SEC3:CROSS , RECOVER , SIDE , FWD SHUFFLE R-L , FWD , ½ TURN L HOOK

1-2& Cross LF over RF , recover on R , step LF to L
3&4 Fwd shuffle R-L-R
5&6 Fwd shuffle L-R-L
7-8 Step RF fwd , ½ turn L with hook LF over RF

SEC4:FWD SHUFFLE , MAMBO R-L , ¼ TURN L SIDE, RECOVER, TOUCH

1&2 Fwd shuffle L-R-L
3&4 Rock RF to R side , recover on L , step RF next to LF
5&6 Rock LF to L side , recover on R , step LF next to RF
7& r ¼ turn L ,rock RF to R , recover on L , touch RF next to LF

Have fun and happy dancing!