

Pam's Lemonade

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Andrina K Faulds (SCO) - February 2025
音樂: Strong Sweet & Southern - Hayley Orrantia



Intro: 16 counts

Section 1 (counts 1-8) Cross Rock, Side Rock, Sailor 1/4 Turn, Cross Rock, Side Rock, Sailor 1/2 Turn

1&2& Cross rock Right over Left, Recover onto Left, Side rock Right to right, Recover onto Left [12]
3&4 Cross step Right behind Left, 1/4 turn right stepping Left to left, Step Right to right [3]
5&6& Cross rock Left over Right, Recover onto Right, Side rock Left to left, Recover onto Right
7&8 Cross step Left behind Right, 1/4 turn left stepping Right to right, 1/4 turn left stepping Left to left [9]

Section 2 (counts 9-16) Step 1/2, Shuffle 1/2 Turn, Bump Back Left, Right, Left, Coaster Step, Ball

1-2 Step forward on Right, Pivot 1/2 turn left [3]
3&4 1/4 turn left stepping Right to side, Step Left next to Right, 1/4 turn left stepping Right back [9]
5&6 Step back on Left bumping back Left, Bump forward on Right, Bump back on Left **
7&8& Step back on Right, Step Left next to Right, Step forward on Right, Step forward on Left [9]

**** wall 5 from 5&6.. step change, and bridge .. see below**

Section 3 (counts 17-24) Walk, Walk, Cross & Together, Cross, Side, Behind, 1/4, Step

1-2 Walk forward Right, Left
3&4 Cross Right over Left, Step Left to left, Step Right next to Left [9]
5-6 Cross Left over Right, Step Right to right
7&8 Cross Left behind Right, 1/4 turn right stepping Right to right, Step forward on Left [12]

Section 4 (counts 25-32) Step 1/2 Turn, Bump 1/2 Turn, Bump 1/2 Turn, Step 1/2 Turn

1-2 Step forward on Right, Pivot 1/2 turn left [6]
3&4 1/2 turning left, bumping hips right, left, right [12]
4&5 1/2 turning left, bumping hips left, right, left [6]
7-8 Step forward on Right, Pivot 1/2 turn left [12]

Section 5 (counts 33-40) Step Right, Slow Drag Left To Right, Touch, Step Left, Slow Drag Right To Left, Touch

1-2 Step forward on Right, Slowly drag Left to Right
3-4 Continue dragging Left to Right, Touch Left next to Right [12]
5-6 Step forward on Left, Slowly drag Right to Left
7-8 Continue dragging Right to Left, Touch Right next to Right [12]

**** restart wall 2**

Section 6 (counts 41-48) Step 1/2 Turn, Right Shuffle Forward , Mambo Forward, Out Out, Heel Lift

1-2 Step forward on Right, Pivot 1/2 turn Left [6]
3&4 Step Right forward, Step Left next to Right, Step Right forward
5&6 Rock forward on Right, Recover onto Left, Step back on Right
&7&8 Step Left back and out, Step Right back and out, Left both heels up and replace [6]

Wall 2, restart after 40 counts

Wall 4, repeat last 16 counts

Wall 5, section 2 counts 5&6 - Step change and bridge

Bump and bump with 1/4 turn left, Coaster step, Ball

5&6 Bump back on Left, bump forward on Right, 1/4 turn left bump Left to left
7&8& Step back on Right, Step Left next to Right, Step forward on Right, Step forward on Right

Miss out following sections 3&4 (counts and restart the dance from section 5 (count 33)

Step Drag section
