

Rock Back & Walk Away

拍數: 36 牆數: 2 級數: Improver
編舞者: Karen Kennedy (SCO) - March 2025
音樂: Walk Away - Lee Matthews : (iTunes - Single)



Intro: 16 Counts

BACK ROCK, RECOVER, RIGHT SHUFFLE, ¼ PIVOT, CROSS SHUFFLE

1 -2 Rock right back, recover on left
3&4 Step right forward, close left beside right, step right forward
5 -6 Step left forward, ¼ pivot right
7&8 Cross left over right, close right beside left, cross left over right (3.00)

RIGHT CHASSE, ROCK BACK, RECOVER, LEFT CHASSE, ROCK BACK, RECOVER

1&2 Step right to right side, close left beside right, step right to right side
3 -4 Rock back on left, recover on right
5&6 Step left to left side, close right beside left, step left to left side
7 -8 Rock back on right, recover on left (3.00)

ROCK FWD, RECOVER, ½ TURNING SHUFFLE, ¼ PIVOT, CROSS SHUFFLE

1 -2 Rock forward on right, recover on left
3&4 ½ turning shuffle – stepping right, left, right (9.00)
5 -6 Step left forward, ¼ pivot right
7&8 Cross left over right, close right beside left, cross left over right (12.00)

½ HINGE TURN, SIDE ROCK, RECOVER, RIGHT SAILOR, LEFT SAILOR

1 -2 ¼ turn left stepping back on right (9.00) ¼ turn left stepping left to left side (6.00)
3 -4 Side rock right to right side, recover on left
5&6 Cross right behind left, step left to left side, step right to right side
7&8 Cross left behind right, step right to right side, step left to left side (6.00)

FORWARD ROCK, RECOVER, SIDE ROCK, RECOVER

1 -2 Rock forward on right, recover on left
3 -4 Side rock right to right side, recover on left (6.00)

START AGAIN

TAGS: -

At the end of wall 3 & 5 facing the back wall. Add the 8 count tag and restart the dance.

At the end of wall 6, facing the front wall. Add the 8 count tag and restart the dance.

BACK ROCK, RECOVER, RIGHT CHASSE, BACK ROCK, RECOVER, CHASSE

1 -2 Rock back on right, recover on left
3&4 Step right to right side, close left beside right, step right to right side
5 -6 Rock back on left, recover on right
7&8 Step left to left side, close right beside left, step left to left side

karencazza@aol.com