

Shackles and Chains

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Absolute Beginner
編舞者: Ken McMillin (USA) - March 2025
音樂: Chains - Patty Loveless



Intro: 16 ct

Rock, recover, shuffle back, rock back, recover, shuffle fwd

1,2,3&4 R rock fwd, recover to L, R shuffle back, (R bk, L close, R bk)
5,6,7&8 L Rock back, recover to R, shuffle fwd, (L fwd, R close, L fwd)

Point front, side, sailor, point front, side sailor

1,2,3&4 R point front, R point side, r sailor (R circle bk, L close, R fwd)
5,6,7&8 L point front, L point side, L sailor (L circle bk, R close, L fwd)

Paddle turn L x2, jazz box

1,2,3,4 R fwd turn $\frac{1}{4}$ l, recover on l, R fwd turn $\frac{1}{4}$ L, recover on L
5,6,7,8 R cross over L, L back, R to R side, L close

Side, close, chasse, side, close, chasse

1,2,3&4 R side, L close, R chasse, (R side, L close, R side)
5,6,7&8 L side, R close, L chasse, (L side, R close, L side)

Learn -Dance – Enjoy - Share