An Irish Waltz For Ireland - Happy St. Patrick's Day!

拍數: 18   牆數: 4   級數: Beginner

編舞者: Dolly Kingsley (USA) - March 2025

音樂: For Ireland, I'd Tell Not Her Name - Alec Kerr

Introduction: 18 counts, left foot lead

S1: TWINKLE, DIAGONAL FORWARD BASIC WALTZ STEP

1-3   Step L foot forward crossing over R [1], Step R foot to right side [2], Step L foot next to R [3]*

4-6   Step R foot forward to left diagonal (10:30) [4], Step L foot next to R [5], Step R foot next to L [6]

*Angle Body by count 3 to face 10:30

S2: BACK TWINKLE X2

1-3   Step L foot back crossing behind R foot [1], Step R to right side [2], Step L foot next to R [3]

4-6   Step R foot back crossing behind L foot [4], Step L to left side [5], Step R foot next to L [6]

S3: STEP FORWARD, POINT SIDE, STEP BACK, POINT SIDE

1-3   Step L foot forward [1], Point R toe to right side [2], Hold [3],

4-6   Step R foot back [4], Point L toe to left side [5], Hold [6]

S4: 1/4 TURN LEFT FORWARD BASIC WALTZ STEP, BACK BASIC WALTZ STEP

1-3   Step L foot forward turning 1/4 left [1], Step R foot next to L [2], Step L foot next to R [3], (9:00)

4-6   Step R foot back [4], Step L foot next to R [5], Step R foot next to L [6]*

*On count 5-6, you may find it helpful to turn your body slightly right to prepare for Section 1's Twinkle.

Optional Ending: Sequence/Wall 9 (12:00), dance the entire dance 2 more times without the 1/4 turn in Section 4 - meaning Section 4 will be a basic Waltz L Fwd and R Back. On the last 12 counts of the song, Twinkle R with left foot lead and L with right foot lead [1-6], then Step L foot forward [1], Point R toe to right side [2], Hold [3], Step R foot back [4], Point L toe to left side [5], Hold [6]

Song Note: There are many versions of this classic song. Some have words, feature a banjo or flute, and can be slow. Any Irish Waltz with a constant 24 count phrase that isn't too slow would work. ENJOY!

See all of the dances from Miss Dolly and KK on Copperknob (Dolores Kingsley, Kristin Kingsley) and YouTube under @dollysdances6040; Dolly's Dances