

Ain't Easy

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Robyn Owens (AUS) - March 2025
音樂: It Ain't Easy - Teddy Swims : (Album: I've Tried Everything But Therapy Part 2)



Start dance on vocals (48 count intro)

[1-8] MODIFIED K STEP WITH R SIDE CHASSE, ROCK L BACK AND REPLACE

- 1,2 Step R to R diagonal (1:30), tap L toe beside R and clap hands
- 3,4 Step L back to starting position (12:00), tap R toe beside L and clap hands
- 5 & 6 Step R to R side, step L together, step R to R side
- 7,8 Rock L behind R, replace weight onto R

[9-16] MODIFIED K STEP WITH L VINE WITH ¼ TURN AND R TOE TAP BESIDE (9:00)

- 9,10 Step L to L diagonal (10:30), tap R toe beside L and clap hands
- 11,12 Step R back to original position (12:00), tap L toe beside R and clap hands
- 13,14 Step L to L side, step R behind L,
- 15,16 Turn ¼ step L forward, tap R toe beside L (9:00)

[17-24] MODIFIED RUMBA BOX WITH R SHUFFLE BACK, AND R SCUFF FWD

- 17,18 Step R to R side, step L together
- 19 & 20 Step R back, step L next to R, step R back
- 21, 22 Step L to L side, step R together
- 23, 24 Step L fwd, scuff R forward

[25 - 32] V STEP, R FWD TOE HEEL STRUT, L FWD TOE HEEL STRUT

- 25,26 Step R to R diagonal(10:30), Step L to L diagonal(7:30)
- 27,28 Step R back to centre position (9:00), step L together
- 29,30 Step forward R toe, drop R heel
- 31,32 Step forward L toe, drop L heel

Start Again

TAG: 16 count Tag after Wall 4 (facing 12:00) K STEP, WITH R SCUFF INTO V STEP WITH R TOE STRUT AND L TOE STRUT

- 1,2 Step R to R diagonal (1:30), tap L toe beside R and clap hands together
- 3,4 Step L back to starting position(12:00), tap R toe beside L and clap hands together
- 5,6 Step R back to R diagonal to 4:30 and tap L toe beside R
- 7,8 Step L back to centre position(12:00) and scuff R foot forward

- 1,2 Step R to R diagonal(1:30), Step L to L diagonal(10:30)
- 3,4 Step R back to centre position, step L together
- 5,6 Step forward R toe, drop R heel
- 7,8 Step forward L toe, drop L heel

Restart dance to 12.00

Ending: Start Wall 13 facing 12:00 and dance up to count 26 then step R back ¼ to face 12:00, thus doing a ¼ turn V step and finish with R toe strut and L toe strut facing 12:00

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