

Make You Proud

拍數: 32 牆數: 2 級數:
編舞者: Petra Dwyer (AUS) - 7 February 2025
音樂: Can't Stop Me Now - Rod Stewart



Section 1 [1-8] R Chasse, Rock Back, Recover, L Chasse, Rock Back, Recover

1&2 Step R to R side (1), Step L next to R (&), Step R to R side (2)
3, 4 Rock back on L (3), Recover on R (4)
5&6 Step L to L side (5), Step R next to L (&), Step L to L side (6)
7, 8 Rock back on R (7), Recover on L (8) 12:00

Section 2 [9-16] Extended weave right, 1/4, forward, 1/4, across

1-4 Step R to side (1), left behind right (2), step R to side (3), left across (4),
5-8 step right 1/4 right (5), step Left forward (6) 3:00, step right 1/4 right (7), step left across right (8) 6:00

Section 3 [17-24] Point, step, point, step, right jazz box

1-4 Point right to side (1), step right across left (2), point left to side (3), step left across right (4),
5-8 right jazz box finishing left across (5-8) 6:00

Section 4 [25-32] Rock, recover, shuffle 1/2, step, pivot 1/2, shuffle forward

1,2 Rock forward on Right, recover weight back on Left
3&4 Turn 1/2 Right and shuffle forward RLR
5,6 Step forward Left, pivot 1/2 turn Right (taking weight on Right)
7&8 Step forward Left, close Right beside Left, step forward Left 6:00

TAGS:

end Wall 2 (facing front) - right rocking chair
end Wall 6 (facing front) - right rocking chair
end Wall 10 (facing front) - right rocking chair + 2 x 1/2 turns over left shoulder

RESTART: after 16 counts in Wall 4, restart at front

Fade out music after Wall 12
