

Beautiful Restraint (아름다운 구속) Remix

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Bok-Ae Im (KOR) - March 2025
音樂: 김종서 - 아름다운구속 [MV Remix] - RMXKOREA



Intro: 8 Counts

Extra Note: No Tags – 4 Restarts

SEC 1) Rocking Chair, Forward Shuffle R L

1-2 Rock RF Fwd, Recover on LF
3-4 Step RF Back, Recover on LF
5&6 Step RF Fwd, Step LF next to RF, Step RF Fwd
7&8 Step LF Fwd, Step RF next to LF, Step LF Fwd

SEC 2) Forward Pivot 1/2 L, Walk, Walk, 1/4 Montray Turn R

1-2 Step RF Fwd, Turn 1/2 L
3-4 Walk Fwd RF, Walk Fwd LF
5-6 Point RF to R Side, 1/4 Turn Stepping RF
7-8 Point LF to L Side, 1/4 Turn Stepping LF

Restart: Wall 2, Wall 4, Wall 9, Wall 11 After 16Counts (The Dance Here)

SEC 3) Heel Grind 1/4 Turn R, Coaster Step, Heel Grind 1/4 Turn L, Coaster Step

1-2 Cross R Heel over LF, make a 1/4 Turn R and Step Back on LF
3&4 Step Back on RF, Close LF next to RF, Step Fwd on RF
5-6 Cross L Heel over RF, make a 1/4 Turn L and Step Back on RF
7&8 Step Back on LF, Close RF next to LF, Step Fwd on LF

SEC 4) Side Point RF, Step Forward, Side Point LF, Step Forward, Double Hip Bumps R L

1-2 RF Point Toes Side, Step Fwd on R
3-4 LF Point Toes Side, Step Fwd on L
5-6 Step R to R Side with Bump Hip R Twice
7-8 Step L to L Side with Bump Hip L Twice

Restart Four Times

Restart 1 On Wall 2 After Counts 16 (6:00)

Restart 2 On Wall 4 After Counts 16 (12:00)

Restart 3 On Wall 9 After Counts 16 (9:00)

Restart 4 On Wall 11 After Counts 16 (3:00)

Have fun & Enjoy your dance!

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YouTube: <https://www.youtube.com/@bokaeimlinedancestudio7465>

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