

To Get Better

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Easy Intermediate WCS
編舞者: Janet (Zhen Zhen) Ge (CN) - March 2025
音樂: Ready For the Times To Get Better - Crystal Gayle



(No Tags and 2 Restarts)

Intro: Start at Approx 40 secs

Section 1 Walk R, Walk L, Anchor/Sweep, Behind, Side, Heel, Next, Cross Shuffle

1 2 Step right forward, step left forward
3&4 Step right in place, step left in place, step right back with sweep left from front to back
5&6& Cross left behind right, step right to side, touch left heel to diagonal L, step left next to right
7&8 Cross right over left, step left to side, cross right over left

Section 2 1/4 Rock, Full Turn, Forward, Mambo Cross (x2), Big Side

1 2 Rock left to side, 1/4 turn R recovering on right (3:00)
3&4 1/2 Turn R stepping left back, 1/2 turn R stepping right forward, step left forward
Easy Option: step left forward, lock right behind left, step left forward
5&6 Rock right to side, recover on left, cross right over left
&7&8 Rock left to side, recover on right, cross left over right, big step right to side**

****Restart 2: Add step wall 4**

Section 3 Drag, Tog, 1/8 Forward, Rocking Chair, Forward, 1/2 Pivot Turn, Next, Forward Shuffle

1&2 Drag left meet to right, step left together, 1/8 turn L stepping right forward (1:30)
3&4& Rock left forward, recover on right, rock left back, recover on right *

***Restart 1: Step change wall 2**

5 6& Step left forward, 1/2 pivot turn R, step left next to right (7:30)
7&8 Step right forward, lock left behind right, step right forward

Section 4 1/8 Syncopation Jazz Box, Side, Sailor Step, 1/4 Sailor Step

1 2& Cross left over right, 1/8 turn L stepping right back, step left to side (6:00)
3 4 Cross right over left, step left to side
5&6 Cross right behind left, step left next to right, step right to side
7&8 Cross left behind right, 1/4 turn L stepping right to side, step left forward (3:00)

Start again

***Restart 1: After 20& count on wall 2 (4:30), the & count change into touch right next to left, then 1/8 turn R restart (6:00)**

****Restart 2: After 16 Count on wall 4, add & to make left next to right, then restart (12:00)**

Contact Email: 93806188@qq.com