Amanda's Waltz

拍數: 48

級數: Improver

編舞者: Judi Sunich (NZ) - February 2025

音樂: Stewball - Peter, Paul & Mary

Intro: 48 counts - No tags or restarts

Starting position, weight on R, L pointing out to side

Section 1: Cross side rock recover L & R moving forwards, Twinkles moving backwards L then R

- 1-2-3 Cross L over R step side R recover L moving forwards
- 4-5-6 Cross R over L step side L recover R moving forwards
- 1-2-3 Cross L over R step R to side step L together moving backwards
- 4-5-6 Cross R over L step L to side step R together moving backwards

Section 2: Fwd L sweep R, step R across L back R back pop L knee, Fwd L, tap R behind, step back R, rock L recover R ¼ turn back L

- 1-2-3 Step L fwd slightly across R sweep R across L
- 4-5-6 Step R across L step back L step R back and pop L knee
- 1-2-3 Step fwd L tap R behind step back R
- 4-5-6 Rock L to side step back R 1/4 turn R step L together

Section 3: Fwd R point L hold, step back L cross R toe over left hold, Basic step fwd R L R, then left L R L

- 1-2-3 Step fwd on R point L fwd to L hold
- 4-5-6 Step L back cross R toe over L hold
- 1-2-3 Step fwd on R step L together then R on the spot (Can do this prancing if you want)
- 4-5-6 Step L to side step R together then L on the spot (Can do this prancing if you want)

Section 4: Cross R over L recover L step R to R step L over R step R to R recover L, Sit back on R pop L knee step fwd L tap R, step back on R point L out hold

- 1-2-3 Step R over L recover L step R to right
- 4-5-6 Step L over R to right step R to right recover L to left
- 1-2-3 Step back on R pop L knee step fwd on L tap R behind L
- 4-5-3 Step back on R point L to L and hold

Finish, after wall 7, start wall 8, dance first 6 steps then cross L over R step back R step L ¼ turn tap R.

Last Update: 19 Mar 2025





牆數:4