You Phil the Beat



編舞者: Guy Dubé (CAN) & Nancy Milot (CAN) - March 2025

音樂: YOU - Phil The Beat



Intro: 32 counts - NO TAG NO RESTART.

[1-8] STEP FWD DIAG. to R, SLIDE TOGETHER, STEP FWD DIAG. to R, TOUCH, STEP BACK DIAG. to L, TOUCH TOGETHER, STEP BACK DIAG. R, TOUCH TOGETHER

| 1-2 | Step R forward diagonally to right, slide step L together R |
|-----|---|
| 3-4 | Step R forward diagonally to right, touch L together R |
| 5-6 | Step L back diagonally to left, touch R together L |
| 7&8 | Step R back diagonally to right, touch L together R |

[9-16] SIDE, CROSS BEHIND, SHUFFLE in 1/4 TURN L, CROSS, POINT, CROSS, POINT

| Step L to left side, cross R behind L |
|--|
| Shuffle in 1/4 turn to left with LRL |
| Cross step R over L, point L to left side |
| Cross step L over R, point R to right side |
| |

[17-24] ROCK STEP, RECOVER, 2X (SHUFFLE BACK), ROCK BACK, RECOVER

| 1-2 | Rock forward on step R, recover on L |
|-----|--------------------------------------|
| 1-2 | DUCK IDEWALD OH SIED D. TECOVEL OH E |

3&4 Shuffle back with RLR5&6 Shuffle back with LRL

7-8 Rock back on step R, recover on L

[25-32] CROSS ROCK STEP, RECOVER, ROCK SIDE, RECOVER, CROSS BEHIND, SIDE, KICK-BALL-STEP

| 1-2 | Cross rock step R over L, recover on L |
|-----|--|
| 3-4 | Rock side on step R, recover on L |
| 5-6 | Cross step R behind L, step L to left side |

7&8 Kick R forward diagonally to right, ball R together L, step L forward

BIG FINISH: At the end of the dance add 1/4 turn to left with STOMP R to right side.

ENJOY AND HAVE FUN!
GUY & NANCY