

Sports Car

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Phrased Intermediate / Advanced
編舞者: Chrissy Nicole (USA) & Taylor Nicole (USA) - March 2025
音樂: Sports car - Tate McRae



Intro: 16 Counts. Start with weight on LF.

Sequence: AABAA+BBAB

~2 Wall Dance but restart makes it a 4 Wall Dance

Restart: On Wall 5, complete the first 16 counts of part A. Then restart Part B (9:00)

Part A: 32 Counts, 2 Wall

[1-8] Strut Walk, Hold, Strut Walk, Hold, Strut Walk 2x, Hip Bumps

- 1,2 Cross RF over LF strut walk FW, Hold
- 3,4 Cross LF over RF strut walk FW, Hold
- 5,6 Cross RF over LF strut walk FW, cross LF over RF strut walk FW
- 7&8 Step RF FW w/R Hip Bump, L Hip Bump, R Hip Bump

[1-8] 1/4 Turn L, Kick Ball Change w/Full Turn, Rock FW, Knee Pops BW

- 1 1/4 turn L step LF FW
- 2&3 Kick RF FW, step on ball of RF FW, cross tap LF behind RF while starting to make a full turn L
- 4 Finish full turn L
- 5,6 Rock RF FW while popping L knee, replace weight to LF while popping R knee
- 7&8 Step BW on RF w/L knee pop, step BW on LF w/R knee pop, step BW on RF w/L knee pop

***Restart here into Part B 9:00**

[1-8] Walk, 1/2 Turn L w/Sweep, Sailor w/Sweep, 1/4 Turn R, 3/4 Triple Turn R

- 1,2 Step FW on LF, 1/2 turn L pivot on RF while sweeping LF
- 3&4 Cross LF behind RF, step on ball of RF, step FW on LF sweeping RF
- 5,6 Cross RF over LF, 1/4 turn R step LF L
- 7&8 1/4 turn R step RF FW, 1/4 turn LF to RF, 1/4 turn R step RF FW

[1-8&] Cross, 1/4 Turn Coaster L, Walk, 1/2 Turn R, Body Roll BW, Ball

- 1,2 Cross LF over RF, step RF R
- 3&4 1/4 turn L step LF BW, step RF BW, step LF FW
- 5,6 Step RF FW, 1/2 turn R step LF BW
- 7,8 Step RF BW w/body roll
- & Step LF BW on ball of foot (to restart part A or B)

Part B: 32 Counts, 2 Wall

[1-8] Camel Walk, Triple Camel Walk, Camel Walk, Triple Camel Walk

- 1,2 Step RF FW pop L knee, step LF FW pop R knee
- 3&4 Step RF FW pop L knee, step LF FW pop R knee, step RF FW pop L knee
- 5,6 Step LF FW pop R knee, step RF FW pop L knee
- 7&8 Step LF FW pop R knee, step RF FW pop L knee, step LF FW pop R knee

(Optional Styling for count 8: tilt head back, R hand to chest or hands at waist w/elbows BW)

[1-8] BW, 1/2 Turn L, Shuffle, Full Turn R, 1/4 L Scissor

- 1,2 Step RF BW, 1/2 turn L step LF FW
- 3&4 Step RF FW, step LF to RF, step RF FW prepping for full turn
- 5,6 Full turn R pivot on LF, step R FW
- 7&8 1/4 turn R rock LF L, step slightly BW on ball of RF, cross LF over RF

[1-8] 3/8 Triple Turn L, 3/8 Triple Turn L, Rock R w/Body Roll, Ball Cross, Hold

1&2 1/8 turn L step RF R slightly BW, 1/8 turn L step LF slightly BW, 1/8 turn L step RF slightly BW
3&4 1/8 turn L step LF slightly L, 1/8 turn L step RF slightly R, 1/8 turn L step LF FW
5,6 Rock RF FW w/body roll, replace LF
&7,8 Step on ball of RF BW, cross LF over RF, hold

(Optional styling for counts 1&2, 3&4: alternate shoulder pops while turning)

(Optional styling for counts &7,8: R hand motions like you are driving)

[1-8] Ball Cross, Hold, Rock w/Hip Sway, 1/2 Turn Sailor, Shuffle

&1,2 Step on ball of RF, cross LF over RF, hold
3,4 Rock RF R w/hip sway
5&6 1/2 turn R cross RF behind LF, step on ball of LF, replace RF
7&8 Step LF FW, step RF to LF, step LF FW

(Optional styling for counts &1,2: R hand motions like you are driving)

Contact: dancewithchrissy@icloud.com with any questions!

Hope you have as much fun as we did creating this dance! :)

Last Update - 8 May 2025 - R1
