

From Now On

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Kiki (INA) & Ryan (INA) - March 2025
音樂: From Now On (앞으로) - Kim Min Seung (김민승)



Intro : 32 Count

***3 Restarts - Walls 3,6 and 7 after 16C

SEC1 : MAMBO R, COASTER STEP, SYNCOPATED FWD DIAGONAL LOCK SHUFFLE, TURN 1/8 RIGHT FWD

- 1&2. Rock R forward (1), recover on L (&), step R back (2)
- 3&4. Step L back (3), step R next to L (&), step L forward (4)
- 5&6. Step R diagonal forward (5), lock L behind R (&), step R forward (6)
- &7&. Step L diagonal forward (&), lock R behind L (7), step L forward (&)
- 8. Turn 1/8 Right step R forward (8)

SEC2 : FWD ROCK TURN 1/4 RIGHT, RECOVER, CROSS, SIDE, TURN 1/2 LEFT SIDE, SYNCOPATED WAVE CLOSE TOUCH

- 1&2. Rock forward turn 1/4 Right (1), recover on R (&), cross L over R (2)
- 3-4. Step R to side (3), turn 1/2 Left step L to side (4)
- 5&6. Cross R over L (5), step L to side (&), cross R behind L (6)
- &7&. Step L to side (&) cross R over L (7), step L to side (&)
- 8. Touch R next to L (8)

***Restart here ***

SEC3 : MAMBO (R-L), PIVOT FULL TURN

- 1&2. Rock R forward (1), recover on L (&), step R back (2)
- 3&4. Rock L back (3), recover on R (&), step L forward (4)
- 5-6. Step R forward (5), turn 1/2 Left step L in place (6)
- 7-8. Step R forward (7), turn 1/2 Left step L in place (8)

SEC4 : CROSS SHUFFLE, TURN 1/2 LEFT CROSS SHUFFLE, SYNCOPATED SIDE ROCK RECOVER CLOSE. TOUCH

- 1&2. Cross R over L (1), step L to side (&), cross R over L (2)
- 3&4. Turn 1/2 Left cross L over R (3), step R to side (&), cross L over R (4)
- 5&6. Side rock R to side (5), recover on L (&), step R next to L (6)
- &7&. Side rock L to side (&), recover on R (7), step L next to R (&)
- 8. Touch R next to L

Enjoy the dance for info please contact us
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