

If I Were You

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: James Hart (USA) - March 2025
音樂: Me Too - Meghan Trainor



Weight starts on RF, Dance starts on Vocals

Alteration and restart on Wall 4, changing counts 7 and 8 and then restarting

CAMEL WALK, RUNNING STEPS, SWIVEL

- 1 Step forward on LF, dragging right toe forward to beside LF
- 2 Step forward on RF, dragging left toe forward to beside RF
- 3-4 Repeat counts 1 and 2
- 5&6& Step forward on LF, RF, LF, RF (feels like little runs)

***On Wall 4, counts 7 and 8 are changed to a push-n-turn**

***7 Step LF forward**

***8 Turn a 1/2 turn to right (CCW) and transfer weight to RF**

- 7 Step forward on LF
- & With weight on balls of both feet, swivel both heels to right side
- 8 Swivel both heels back to where they started, weight ends on RF

***On Wall 4 restart here**

TURN, TURN, HALF TURN TRIPLE, WALK FORWARD, ANCHOR STEP

- 1 Turn 1/2 turn to left (CCW) and step forward on LF
- 2 Turn 1/2 turn to left (CCW) and step back on RF
- 3&4 Turn 1/2 turn to left (CCW) while doing a triple step LF-RF-LF
- 5-6 Walk forward RF-LF
- 7&8 Turn 1/8 turn to right (CW), rock RF diagonally back to left and recover

SYNCOATED WEAVE AND CROSS TURN

- 1-2, 3&4 With weight still on RF, turn 1/4 turn to left (CCW) and step LF to left, step RF across LF; step LF to left, step RF behind LF, step LF to left
- 5-8 Step RF forward and roll hips while turning a 1/2 turn to left (CCW)

BUMP DIAGONALLY, BUMP HIPS, HITCH

- 1-2 With weight on balls of both feet, turn diagonally left (1) and lift left heel off floor (2)
- 3-4 With weight on balls of both feet, turn 1/4 to right (CW) to face diagonally right (3) and lift right heel off floor (4)
- 5-7 Push hips right, left, right
- 8 Flick RF back

START OVER