

Finna Get Loose

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Unknown
音樂: Finna Get Loose (feat. Pharrell Williams) - Puff Daddy & The Family



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. This dance has local variations in PART 3.

PART 1: 8 COUNTS

TWO WALKS DIAGONAL, CHA CHA CHA

1 2 3&4 Step right diagonally, step on left, cha cha RLR
5 6 7&8 Step left diagonally, step on right, cha cha LRL

PART 2: 8 COUNTS

JAZZ BOX CROSS, WEAVE

1 2 3 4 Cross right over left, step on left, step right to side, cross left over right
5 6 7 8 Step right to side, step left behind, step right side, step on left

PART 3: 8 COUNTS

LEFT LEAN WITH /BUTT BOUNCES

1 2 3 4 5 6 7 8 Step to left, lean to left, point right toe and bounce hips/butt

PART 3 VARIATION:

SIDE ROCKS, CROSS AND CROSS

1 2 3&4 Right side rock w/kick, recover on left, cross right over left, step on left, cross right over left
5 6 7&8 Left side rock w/kick, recover on right, left cross front, step on right, left cross front

PART 4: 8 COUNTS

ROCK RIGHT, WALK IT OUT TO LEFT, HALF TURN LEFT TO NEW WALL AT 9:00

1 2 3 4 Rock side on right, recover on left, cross right in front of left, walk to left on left
5 6 7 8 Continue walking to 9:00 wall RL, on count 7 step on right making half turn left to 3:00 wall ending on left foot

REPEAT PARTS 1-4 THREE MORE TIMES TO RETURN TO FRONT WALL

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com

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