Dance Like Nobody's Watching



編舞者: GoWildWest Isabel (CH) - March 2025

音樂: Dance Like Nobodys Watching (Instrumental) - Wolfgang Lohr, Emma Lea &

Offbeat



(ISI Beginner Training: Swing Steps)

Intro: 1 x 8 counts wait

***3 Tags & Restarts: after Part 2 Face to 9 / after Part 4 Face to 6 / after Part 4 Face to 9

Options: you can easy replace twist steps!

Part 1: 2x on place twist, touch

1&2 weight on both feets : heel inside, heel outside, heel inside	
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3, 4 LF toe, weight is on RF, hold in this position do this with left knee outside

5&6 weight on both feets: heel inside, heel outside, heel inside

7, 8 RF toe, weight is on LF, hold in this position do this with right knee outside

(Optional replace twist: step, touch, step, touch, step, toe - right and left side)

1&2 weight on RF, touch with LF side left, weight on LF, touch with RF side right

&3, 4 weight on RF, toe hold with LF

5&6 weight on LF, touch with RF side right, weight on RF, touch with LF side left

&7, 8 weight on LF, toe hold with RF

Part 2: 2x toe strut diagonal with weight, bounceturn ½ left

1, 2 RF toe, RF strut, do the strut with full body on RF and do this diagonal with knee out right LF toe, LF strut, do the strut with full body on LF and do this diagonal with knee out left

5 RF step forward 6-8 bounceturn ½ left

Part 3: walk, kick, back, touch

1-3 start with RF and walk forward4 kick with LF and clap your hands

5-7 start with LF and go back

8 RF touch

Optional you can do with twist one way of this... means for or backward

Part 4: out, in, toe strut turn 1/4 left

1, 2 RF goes forward out - your hands goes up right, LF goes forward out - your hands goes up

left

3, 4 RF goes back on place – your hands goes down right, LF goes back on place – your hands

goes down left

5, 6 RF toe strut forward

7, 8 LF toe strut turn ¼ left

Have so much Fun □

Last Update: 23 Apr 2025