Sapala Naung Hupillit



拍數: 32 編數: 2 級數: Easy Intermediate

編舞者: Everdina Tangapo (INA), Roy Dayoh (INA), Mariam SULTENG (INA) & Titi

Kasese (INA) - March 2025

音樂: Sapala Naung Hupillit - Angel Voice



NO TAG, NO RESTART

S1. ROCKNG CHAIR. 1/2 TURN TO LEFT STEP BACK L/R/L WITH SWEEP. COASTER STEP

1-2-3-4. Step R forward, Recover on L, R back, Recover on L

5-6-7-8&1. Step R forward,1/2 turn to left L back with sweep, R back with sweep, L back with sweep, R

close beside L, L forward (face to 06:00)

S2. LOCK SHUFFLE FORWARD, STEP FORWARD, 3/4 TURN TO RIGHT, BASIC NIGHT CLUB R/L

2&3-4 . Step R forward, L lock behind R, 3/4Turn right, (face to 03:00)

5-6&7- 8&. Step R to side, L behind, R tap in place, L to side, R behind, L tap in place

S3. STEP FORWARD, 1/2 TURN TO LEFT, STEP FORWARD, 1/2 SPIRAL TURN TO RIGHT, STEP FORWARD, SCISSOR R/L

1-2-3-4&. Step R forward, 1/2 turn to left, R forward, 1/2 spiral turn to right

5-6&7-8&1. step R to side, L close beside R, R cross over L, L to side, R close to L, L cross over R

S4. STEP R TO SIDE, 1/4 TURN TO LEFT, STEP SIDE, SWEEP FORWARD, STEP SIDE, STEP BACK, SWEEP BEHIND, SWAY R/L

2&3-4&. Step R to side, 1/4 turn to left, R forward, L sweep back to forward,

5-6&7-8. Step R to side, L back with sweep R front to back weight on R, Sway to L weight on L (Face

to 06:00)

LET'S DANCE & BE HAPPY □□□□□□

Last Update: 26 Mar 2025