

To the Wall

COPPER KNOB
STEPPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Nathan Lee (USA) - March 2025
音樂: Get Lower - Steve Aoki & Lil Jon



Intro: 32 counts- no tags- 2 restarts (Wall 3 after 16 counts, and wall 8 after 8 counts)

[1-8] HEEL JACK R (L HEEL), HEEL JACK L (R HEEL)

1,2 Step R to R side (1), Cross L behind R (2)
&3&4 Step R out to R side (&), Present L heel (3), Step L foot next to R foot (&), Cross R over L (4)
5,6 Step L to L side (5), Cross R behind L (6)
&7&8 Step L out to L side (&), Present R heel (7), Step R foot next to L foot (&), Cross L over R (8)

****On wall 8, Restart here with Heel Jacks****

[9-16] ½ PIVOT x2, HEEL PRESENT L (R HEEL), HEEL PRESENT R (L HEEL)

1,2 Step out R (1), pivot ½ over L shoulder (2)
3,4 Step out R (3), pivot ½ over L shoulder (4)
5&6& Cross R behind L (5), Step/slide L to L side (&), Present R heel (6), Step R next to L (&)
7&8& Cross L behind R (7), Step/slide R to R side (&), Present L heel (8), Step L next to R (&)

****On wall 3, Restart here with Heel Jacks****

[17-24] CROSS SHUFFLE RLR, CROSS SHUFFLE LRL, BACK STEP R, HITCH L, BACK STEP L, HITCH R

1&2 Step/Cross R in front of L (1), Step L next to R (&), Step/Cross R in front of L (2)
3&4 Step/Cross L in front of R (3), Step R next to L (&), Step/Cross L in front of R (4)
5,6 Step R backward (5), Hitch L up (6)
7,8 Step L backward (7), Hitch R up (8)

[25-32] COASTER STEP RLR, SHUFFLE LRL, ½ JAZZ BOX

1&2 Step R backward (1), Step L next to R (&), Step R forward (2)
3&4 Step L forward (3), Step R next to L (&), Step L forward (4)
5,6,7,8 Cross R over L (5), Step L backward and turn ¼ over R shoulder (6), Step R out and turn ¼ over R shoulder (7), Step L next to R (8)