She Takes the Lead

級數: Improver Contra

編舞者: Hayden Gutteridge (USA) & Marina Pantner (USA) - March 2025

牆數:2

音樂: Te Amo - Rihanna

Intro: 16 counts - Restart: 2

拍數: 32

[1 - 8] CROSS ROCK, RECOVER, STEP BACK, STEP FORWARD, ½ TURN, STEP BACK, STEP FORWARD x2

- 1, 2 Cross rock R forward to left diagonal, recover L
- 3, 4 Turn ¼ right stepping R to right (3:00), step L to diagonal left forward
- 5, 6 Turn ½ left (9:00) stepping R to right, turn ¼ left rocking L back (6:00)
- 7, 8 Step/recover R forward, step L to meet R
- *Optional styling: on count 1 dip right shoulder

*Optional styling: for counts 5 and 6 you can hold your partner's waist as you turn around them

[9 - 16] HIP SWAY X2, STEP FORWARD, SHUFFLE, ½ PIVOT, SHUFFLE

- 1, 2 Sway hips right, sway hips left
- 3, 4 & 5 Step R forward, step L forward, step R to meet L, step L forward
- 6 Step R forward
- 7, & 8 Turn ½ over left shoulder stepping L forward (12:00), step R to meet L, step L forward

*Optional styling: for counts 1 and 2 you can rest right hand on partner's waist or shoulder

[17 - 24] MAMBO x2, ¼ COASTER, SLIDE

- 1, & 2 Rock R to right, recover L, step R by L
- 3, & 4 Rock L to right, recover R, step L by R
- 5, & 6 Turn ¼ left rocking R back (9:00), step L forward, touch R next to L
- 7, 8 Step R to right, slide L to touch next to R

[25 - 32] ROLLING GRAPEVINE, DIAGONAL SHUFFLE, SHUFFLE

- 1, 2 Turn ¼ left stepping L forward,, turn ¼ left stepping R next to L,
- 3, 4 Turn 1/2 left stepping L to left, touch R next to L
- 5, & 6 Turn 1/2 left step R to right, step L to meet R, step R to right
- 7, & 8 Turn 1/8 left step L to left, step R by L, step L to left (6:00)

If you try this one out, tag me on Instagram @hayden_gutteridge. I'd love to see it!

