

Sir Elton

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: High Beginner
編舞者: Brad Noisat (USA) - March 2025
音樂: Sacrifice - Elton John



Intro: 32 cts, After the brief drum roll, start counting. Elton will begin singing at about ct 27, "It's a human sign..." The 32 ct start begins on "sign."

SEC1 (1-8): R Fwd Diagonal Shuffles x4

1-4, 5-8 With leading hip rolls, Shuffle RF diagonally fwd [1], Shuffle LF next to RF [2], Repeat x3

SEC2 (9-16): L Fwd Diagonal Shuffles x4

1-4, 5-8 With leading hip rolls, Shuffle LF diagonally fwd [1], Shuffle RF next to LF [2], Repeat x3

SEC3 (17-24): Back Cross Points x3, L Back, L ¼-Pivot Turn

1 2 3 4 5 6 Step RF back [1], Point L toe to side [2], Step LF back [3], Point R toe to side [4], Step RF back [5], Point L toe to side [6]

7 8 Step LF back [7], Pivot ¼-turn L, weight on LF [8] 9:00

SEC4 (25-32): Rocking Chair, Walk (or Prissy Walk) Fwd x2, R ½ Unwind

1 2 3 4 Step RF fwd [1], Recover weight LF [2], Step LF back [3], Recover weight on RF [4]

5 6 Step RF fwd [5], Step LF fwd [6]

7 8 Cross RF over LF [7], Pivot L ½ [8] 3:00

SEC5 (33-40): L Fwd Latin Rumba Box

1 2 3 4 Step LF to side [1], Touch RF next to LF [2], Step LF fwd [3], Hold [4]

5 6 7 8 Step RF to side [5], Touch LF next to RF [6], Step RF back [7], Hold [8]

SEC6 (41-48): L Back Rock/Recover, (Prissy) Walk Fwd x2, L Jazz Box ¼-R Turn with Hook

1 2 3 4 Rock LF back [1], Recover weight on RF [2], Step LF fwd [3], Step RF fwd [4]

5 6 7 8 Cross LF over RF [5], Step RF back [6], Step LF to side turning ¼ R [7] 6:00, Slight RF hook over LF [8]

SEC7 (49-56): 8 ct Vaudeville

1 2 3 4 Step RF to side [1], Touch L heel to side [2], Step LF slightly back [3], Cross RF over LF [4]

5 6 7 8 Step LF to side [5], Touch R heel to side [6], Step RF slightly back [4], Cross LF over RF [4]

SEC8 (57-64): R Back Step, L Coaster, Skates x4

1 2 3 4 Step RF back [1], Step LF back [2], Step RF next to LF [3], Step LF fwd [4]

5 6 7 8 Skate R fwd [5], Skate L fwd [6], Repeat 5-6 for cts 7-8

Optional Ending (8 cots, with restart): This dance is completed at the end of Wall 8 (6:00). To face 12:00 at the end, dance Secs 1-3 and the first 4 counts of Sec4 (rocking chair) on Wall 8 (now facing 9:00). Replace the last 4 cts of S4 with a L ¼-turn jazz box, turning to 12:00. Restart the dance (Wall 9) and again dance Secs 1-3 and the Sec4 rocking chair (3:00), finishing with a R ¼ jazz box turn, returning to 12:00.

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