

Swiss Lady

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: GoWildWest Isabel (CH) - March 2025
音樂: Swiss Lady - Pepe Lienhard Band : ((German or English Version))



(ISI Beginner Training: Shuffle)

Intro: 3x8 counts wait

Part 1: chasse right, back rock, chasse left, back rock

1+2	RF step right, LF close, RF step right
3, 4	LF back rock, weight on RF
5+6	LF step left, RF close, LF step left
7, 8	RF back rock, weight on LF

Part 2: point & point & point, clap / heel & heel & heel , clap

1	RF point right out (weight is on your LF)
+2	weight on RF, LF point left out
+3	weight on LF, RF point left out
4	clap your hands

Part 3: shuffle forward, rock step, shuffle backward, back rock

1+2	RF step for, LF close, RF step for
3, 4	LF rock for, weight on RF
5+6	LF step back, RF close, LF step back
7, 8	RF rock back, weight on LF

Part 4 : step 1/2 turn, step 1/4 turn

1, 2	RF step for, LF step ½ turn left
3, 4	RF step for, hold
5, 6	LF step for, RF step ¼ turn right
7, 8	LF close RF, hold

Have so much Fun ☐

Last Update: 23 Apr 2025