Kay One Bachata



拍數: 32 牆數: 4 級數: Beginner

編舞者: Cathy Liang (CAN) - March 2025 音樂: Bachata (feat. Cristobal) - Kay One



Intro: 32 Count NO TAG, NO RESTARTS

S1. BACHATA STEPS. 4 STEPS RIGHT, 4 STEPS LEFT

1- 4 R to right, L together, R to right, L touch R together, L Hip bump up 5-8 L to left, R together, L to left, R touch L together, R Hip bump up

S2. DIAGONAL STEP-TOUCHES, RIGHT FORWARD; LEFT BACK; RIGHT BACK; LEFT BACK

1- 4 R forward to right diagonal, L touch together, L to left back diagonal, R touch together 5 - 8 R to right back diagonal, L touch together, L back to left diagonal, R touch together

S3. 1/4 TURN LEFT, SIDE, RECOVER, BACK, TOUCH

1 - 4 (small steps)R step forward 1/8 turn, L in place, R step side 1/8 turn, L in place

5 - 8 R step side, R hip swing to right, recover on L, R step back, L touch together, L Hip up

S4. SIDE, RECOVER, FORWARD, HITCH, ROCKING CHAIR

1 - 4 L step side, swing L Hip to left, recover on R, L forward cross R, R knee hitch up

5 - 8 R rock forward, recover on L, R rock back, recover on L

Enjoy!

https://www.youtube.com/@DanceWithCathy