

Lan Hua Cao (兰花草)

COPPER **KNOB**
STEPMATS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Penny Tan (MY) - April 2025
音樂: Lan Hua Cao (兰花草) - Half Ton Brothers (半吨兄弟)
或: Lan Hua Cao (兰花草) (DJ铁柱版) - Qi Yuan (七元)



Dance start from vocal (32C) *No Tag No Restart

SEC1:SIDE, TOUCH , SCISSORS CROSS , SIDE CHASSE, BACK, RECOVER

1-2 Step RF to R side , touch LF next to RF
3&4 Step LF to L side , step RF next to LF , cross LF over RF (Optional: Side Rock , recover, cross)
5&6 Step RF to R side , step LF next to RF , step RF to R side
7-8 Rock LF slightly behind RF , recover on R

SEC2:SIDE, TOUCH , SCISSORS CROSS , SIDE CHASSE, BACK, RECOVER

1-2 Step LF to L side , touch RF next to LF
3&4 Step RF to R side , step LF next to RF , cross RF over LF (Optional: Side Rock , recover, cross)
5&6 Step LF to L side , step RF next to LF , step LF to L
7-8 Rock RF slightly behind LF , recover on L

SEC3:WALK FWD R-L , FWD SHUFFLE , FWD, RECOVER , ¼ TURN L SIDE CHASSE

1-2 Walk fwd R , walk fwd L
3&4 Fwd shuffle R-L-R
5-6 Rock LF fwd , recover on R
7&8 1/4 turn L , step LF to L , step RF next to LF , step LF to L

SEC4:CROSS, SIDE , SAILOR STEP (R-L)

1-2 Cross RF over LF , step LF to L side
3&4 Cross RF behind LF , step LF to L , step RF on R
5-6 Cross LF over RF , step RF to R side
7&8 Cross LF behind RF , step RF to R , step LF on L

Have fun and happy dancing!

Last Update: 5 May 2025