

Ez, Not At This Party

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sylvie CARNOY (FR) - 24 March 2025
音樂: Not At This Party - Dasha



I choreographed this dance for my students from the "Destination Amérique" association in Auvers Sur Oise (95)

* 1 restart

Start 2 x 8 counts

SECTION 1 - V STEP, ROCKING CHAIR

1 – 4 V-STEP : 1- STEP : step RF to the right (*hand right on top of right), 2- step LF forward to the left diagonal re G (*hand left on top of left), 3- BACK STEP : back RF to the center (*hand right on the torso on left side), 4- LF next to RF (*hand left on the torso on right side, end with hands crossed over the torso).

5 – 6 ROCKING CHAIR : 5- step RF forward, 6- recover on LF, back step RF, recover on LF (*uncross your hands while accompanying the movement of the step)

*options : movement with the hands from the 3rd wall (facing 6:00), except on the 11th wall facing 6:00

SECTION 2 - STEP ½ TURN, TRIPLE STEP FWD, STEP ¼ TURN, CROSS TRIPLE STEP

1 – 2 STEP ½ TURN : step RF forward, ½ turn to the left 6:00

3 & 4 TRIPLE STEP FWD : step RF forward, LF next to RF, step RF forward

5 - 6 STEP ¼ TURN : step LF, ¼ turn to the right 9:00

7 & 8 CROSS TRIPLE STEP : cross LF in front of RF, step RF to the right, cross LF in front of RF * restart

SECTION 3 - LARGE STEP TO THE RIGHT, BACK ROCK STEP, VINE, SCUFF

1 – 2 LARGE STEP TO THE RIGHT : big step RF to the right, slide LF next to RF

(*accompany the movement with the hands from left to the right)

3 – 4 BACK ROCK STEP : back step L, recover on RF

5 – 7 VINE : step LF to the left, cross RF behind LF, step LF to the left

8 SCUFF : rub the right heel on the floor forward

SECTION 4 - SIDE – CROSS POINT BEHIND AND AROUND SNAP SIDE X2, STOMP WITH HAT R HOLD, HEEL BOUNCES x2

1 – 2 SIDE : step RF to the right, CROSS POINT BEHIND : left toe cross behind RF (*hand movement : ½ circle to the right - snap)

3 – 4 SIDE : step LF to the left, CROSS POINT BEHIND : right toe cross behind LF (*hand movement : ½ circle to the left - snap)

5 – 6 STOMP : hit the ground with RF to the right (*hold the brim right of his hat, head turned to the right), HOLD : turn your head to face the wall

&7&8 HEEL BOUNCES : raise and lower heels (x 2) ** final

*RESTART : It takes place on the 5th wall, starting at 12:00, after 16 counts at 9:00, repeat the choreography from the beginning.

** FINAL : End of the 13th wall, start facing 12:00, end facing 9:00, add :

¼ TURN – STOMP FWD

1 – 2 ¼ TURN – STOMP FWD : ¼ turn to the right, hit the ground with RF crossed in front LF (* arms in V)12:00

Good luck , good dance !

RF : right foot – LF : left foot

Only the choreographer's original dance sheet is valid.

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