Easy, Easy, Easy



拍數: 48 編數: 4 級數: Phrased Intermediate

編舞者: Beth Raber (USA) - March 2025 音樂: Too Easy - Connor Price & Nic D



32 count intro

Sequence: AB AB AA BA

Part A (32 count)

Section 1: LOCK FORWARD R, LOCK FORWARD L, STEP UP R STEP UP L LOWER DOWN R LOWER DOWN L

1 & 2	RF step forward, LF step behind RF, RF step forward
3 & 4	LF step forward, RF step behind, LF step forward

5 6 7 8 Step up on ball of RH to right corner, Step up on ball of LF on Left corner, Step down to flat

foot on RF lower into squat, Step down to flat foot on LF lowering in to squat (weight ending

on LF)

Section 2: HEEL SWIVELS, 1/4 SAILOR, STOMP HITCH KICK, COASTER STEP

1 2	Swivel RF out to right (pivoting on ball of RF) count 1 repeat same for count 2 in squat position
3 & 4	1/4 turn R hook stepping RF back, LF step to L side, RF step to R side (still in squat position)
5 6	Stomp LF while in squat, ¼ turn L hitch kick LF to front coming out of squat
7 & 8	Step LF back, RF step next to LF, Step LF forward

Section 3: STEP SIDE TOGETHER SIDE TOE BACK, ROLLING VINE L CLAP

1234	RF step to R side, LF step next to RF, RF step to R side, LF toe tap floor back behind RF
5678	Turn ¼ L stepping LF forward, turn 1/4 L stepping RF to R side, Turn ½ L stepping LF to L
	side, step RF next to LF with hand clap (weight on LF)

Section 4: PIVOT 1/2, SHUFFLE FORWARD, HOP FORWARD RECOVER HOP BACK, RUN RUN HITCH

1 2	RF step forward pivot ½ turn L weight ending on LF
3 & 4	RF step forward, LF next to RF, Step RF forward
5 6	LF hop forward, hop back recover weight on RF
7 & 8	Run back on LF, run back on RF, run back on LF while hitching R knee up

Part B (16 counts)

Section 1: 1/4 HEEL GRIND STEP, VINE L, 1/4 PIVOT STEP, 1/2 TURN L 1/4 TURN L

12	1/4 turn R grinding R heel (1), step LF to L side (2)
3 & 4	RF step behind LF, LF step to L side, RF cross in front of LF
5 6	LF step forward ¼ pivot R (5), step LF forward as prep (6)
& 78	Step RF forward (&) step RF back turning ½ L, turn ¼ L stepping LF out to L side

Section 2: STEP STEP CHASSE SIDE, SHUFFLE FORWARD, 1/2 HEEL PUMP 1/4 HEEL PUMP

123&4	Step on RF (1), step on LF (2), step RF to R side (3), step LF next to RF(&), step RF to R side (4)
5 & 6	LF step forward, RF step next to LF, step LF forward
& 78	Step RF forward (&), 1/8 turn L pump both heels up and back down, 1/8 turn L pump both heels
	up and back down

Ending: Finish Part A facing (3:00) with R knee hitched. Leave R knee up in hitch position, weight on LF and add two small hops in place to the beat of the music, look at (12:00) while doing the hops. Part (Position):

A (12:00) B (9:00) A (9:00) B (3:00) A (6:00) A (12:00, "Got a hop in my step..") B (6:00) A (9:00)

Relax, have fun, make it look Easy! Contact: Beth Raber - bethraber@gmail.com - 928-848-0625