Down, Down, Down

級數: Beginner

編舞者: Lauren Scala (USA) - April 2025

音樂: Happen To Me - Russell Dickerson

拍數: 32

[1-8] Shuffle forward, rock recover, shuffle back, rock back recover

- 1&2 Step forward right, left meet right, step forward right
- 3-4 Rock forward on left, recover right
- 5&6 step back left, right meet left, step back left
- 7-8 rock back right, recover left

[9-16] 1/2 K step, back step toe tap x 4

- 1-2 diagonal step forward right, left meet right
- 3-4 diagonal step back left, right meet left
- &5&6 right step back, toe tap forward left, left step back, toe tap forward right
- right step back, toe tap forward left, left step back, toe tap forward right &7&8

[17-24] grapevine right, grapevine left with 1/4 turn

- 1-2 side step with right, cross behind with left
- 3-4 side step with right, right meet left
- 5-6 side step with left, cross behind with right
- 7-8 side step left with guarter turn over left shoulder, scuff right heel

[25-32] Rock recover, side toe point with forward bend

- Rock forward right, recover left 1-2
- 3-4 Rock back right, recover left
- 5-6 Side toe point right, jump switch and side toe point left
- 7-8 jump switch and toe point right with bend forward at the hips, unbend (up straight) while keeping toe pointed *add hair flip for flare*

Last Update: 23 Apr 2025





牆數: 4