

Powerful Women

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Annette Voris (USA) - April 2025
音樂: Powerful Women - Pitbull & Dolly Parton



16 count intro - start 4 beats after Dolly says "Hey"

Face 12:00,

Walk, Walk, Walk, pick up or touch L ft & clap, shuffle L, shuffle R

- 1-4 Walk forward R, L, R, pick up L knee or touch L ft. & clap
- 5 & 6 step L ft to L side, step together with R, step L to L side again
- 7 & 8 step R ft to R side, step together with L, step R to R side again

Walk, Walk, Walk, pick up or touch R ft & clap, shuffle R, shuffle L

- 1-4 Walk back L, R, L, pick up R knee or touch R ft & clap
- 5 & 6 step R to R side, step together with L, step R to R side again
- 7 & 8 set L to L side, step together with R, step L to L side again

Vine R with ¼ turn R (3:00), pick up L knee or L ft touch & clap, pivot, step together

- 1-4 step side R, back on L & start to turn, side on R & face R, pick up L knee or touch L ft & clap
L pivot (9:00), step on L, together with R & face original start position (12:00)
- 5,6 step L ft front then pivot to face opposite direction with weight on R ft
- 7,8 step front on L ft & start ¼ turn R, together with R and end up facing direction you originally started in

Vine L with 1/4 turn L (9:00), pick up R knee or R ft touch & clap, pivot, step together

- 1-4 step side L, back on R & start to turn, side on L & face L, pick up R knee or touch R ft & clap
R pivot (3:00), step on R, together with L but stay facing new direction (3:00)
- 5,6 step R ft front then pivot to face opposite direction with weight on L ft
- 7,8 step forward on R ft, step together with L

Last Update: 2 Apr 2025