

# Back in Time

拍數: 40      牆數: 4      級數: Intermediate  
編舞者: Johnny Martinez (USA) - April 2025  
音樂: Back In Time (From Men In Black III) - Pitbull : (Men In Black 3 OST)



**Intro: 48 counts (22 seconds) weight starts even between feet.**

**Dance starts with the last 8 counts (33-40) with 3 restarts, all after 32nd count on wall 2 (while facing 6 o'clock), and walls 5 & 9 (both while facing 3 o'clock).**

**[1-8] facing 12 o'clock**

**Rock right, behind, Right, Forward, 1/4 turn, 1/4 turn, kick left, touch back.**

- 1,2,3,4      Right foot rocks out to right on 1, then behind on 2, then right on 3, step forward on 4, prepping for (2) 1/4 turns over right shoulder for 5,6.  
5,6      Step left with 1/4 turn over right shoulder on 5 facing 3 o'clock, continue momentum 1/4 turn over right shoulder stepping to right squaring up to 6 o'clock on 6.  
7&8      Kick left on 7, recover weight to left on &, right foot touches back on 8.

**[9-16] facing 6 o'clock**

**Point right and hold, switch left and turn, roll it down, and roll it up.**

- 1,2,3,4      Point right on 1, and hold on 2, switch to point left on 3, pivot 1/4 turn to left to face 3 o'clock on 4.  
5&6      body roll down (head, shoulders, seat).  
7&8      Body roll up (push knees, hips, chest).

**[17-24] facing 3 o'clock**

**right kick, point left, left Kick, point right, back paddle 5, 6, 7, together.**

- 1&2      Kick right, recover point left.  
3&4      Left kick, recover point right.  
5,6,7,8      Weight on ball of left foot with knee slightly bent as pivot point, Four 1/4 paddles over right shoulder on 5,6,7, on the last paddle feet come together to complete full turn on 8.

**[25-32] facing 3 o'clock (Hour glass)**

**Back right lock right, slide left, together, forward right lock right, slide left, together.**

- 1&2&      Traveling backward at diagonal angle to the right - step back right on 1, lock left on &, back right on 2, together on &.  
3,4      Step left on 3, slide together on 4.  
5&6&      Traveling at a forward diagonal angle to the right - step forward right on 5, lock left on &, forward right on 6, together on &.  
7,8      Step left on 7, slide together on 8.

**[33-40] facing 3 o'clock**

**Heels out, in, out, R behind, L hitch, push kick, behind, side, cross.**

- 1,2,3,4      Heels out on 1, in on 2, out on 3, right foot steps behind left on 4.  
5,6&7&8      Left hitches out on 5, push kick down on 6, left behind right on 7, R steps to right on &, L Crosses right on 8.

**Last Update: 11 Jun 2025**