Bar None

COPPER KNOB

拍數: 64

牆數:0

級數: Phrased Intermediate

編舞者: Gianmarco Rossato (IT) - 30 March 2025

音樂: Bar None - Jordan Davis

PART A

SECTION 1 COMPLETE RUMBA BOX BACK, STOMP-UP

- 1-2 Step R to R side Close L beside R
- 3-4 Step R back Hold
- 5-6 Step L to L side Close R beside
- 7-8 Step L forward Stomp-up R beside L

SECTION 2 STEP, HOLD, TOUCH (X2), STEP, HOLD, TOUCH, HOLD

- 1-2 Step R to R side Hold
- 3-4 Touch L point crossed behind R foot twice
- 5-6 Step L to L side Hold
- 7-8 Touch R point crossed behind L foot Hold

SECTION 3 WEAVE, ROCK-STEP, 1/4 TURN, STEP, CROSS

- 1-2 Step R to R side Cross L behind R
- 3-4 Step R to R side Cross L over R
- 5-6 (Turning ¼ to R h.3.00) Step R fwd recover weight on L
- 7-8 (Turning ¼ to R h.6.00) Step R to R side Cross L over R

SECTION 4 STOMP-UP, STOMP, STOMP, HOLD, HEEL SWIVEL IN (X2)

- 1-2 Stomp-up R beside L Stomp R to diagonal R
- 3-4 Stomp L to diagonal L (so now you have your feet apart in 2nd posiMon) Hold
- 5-6 Swivel R heel inside Recover
- 7-8 Swivel L heel inside Recover

PART B

SECTION 1 KICK, FLICK, KICK, FLICK, OPEN, FLICK, OPEN, FLICK

- 1-2 Kick R forward to R diagonal Step on your R foot moving slightly R & Flick L back
- 3-4 Step on your L foot moving slightly R & Kick R forward to R diagonal Step on your R foot moving slightly R & Flick L back
- 5-6 Open both your feet apart facing to R diagonal Turn to the opposite diagonal with a small jump and raise R flick back
- 7-8 Open both your feet apart facing to L diagonal Turn back looking straight at h12 with a small jump and raise L flick back

SECTION 2 KICK (X2), KICK, KICK, STEP, STOMP, SWIVEL, BACK

- 1-2 Kick L forward twice
- 3-4 Step L back & Kick R forward Step R back & Kick L forward
- 5-6 Step L forward Stomp R forward
- 7-8 Swivel both heels to the R side Recover to the center

SECTION 3 SWIVEL ½ TURN, HOLD, PROGRESSIVE RUMBA BOX FORWARD

- 1-2 While swiveling both heels to R turn $\frac{1}{2}$ L (facing h.6.00) Hold (*Body weight must be on the R foot back)
- 3-4 Step L to L side Close R beside L
- 5-6 Step L forward Stomp-up R beside L
- 7-8 Step R to R side Close L beside R



SECTION 4 STEP, HOLD, ROCK-STEP, BACK, BACK, SWIVEL OUT, BACK

- 1-2 Step R forward Hold
- 3-4 Step L forward Recover weight back on R foot
- 5-6 Step L back Step R back
- 7-8 Swivel L heel outside to L Recover to the center and put the weight on it

TAG (8C)

SECTION 1 STOMP (X2), HOLD (X2), STOMP (X2), HOLD (X2)

- 1-2 Stomp-up R beside L Stomp R to R side
- 3-4 Hold-Hold
- 5-6 Stomp-up L beside R Stomp L to L side
- 7-8 Hold-Hold

SEQUENCE

A - A - B - B - B A - A (only 7 counts + 1 count HOLD) – TAG – B – B – B A - B - B - B - B

Stepsheet written by Gianmarco "Johnny" Rossato

Last Update: 23 May 2025