Shine Like Gold



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Emily Lange (DE) - April 2025

音樂: Gold - First Time Flyers



***3 Restarts

| Coot 4 1/ LICEL | COIND TUDN | COACTED STED | 1/ HEEL | COIND TUDN | COASTER STEP |
|-----------------|--------------|---------------|----------|-------------|--------------|
| Sect 1 % HFFL | GRIND LURIN. | COASTER STEP. | 1/2 HFFI | GRIND LURN. | COASTER STEP |

| 1 – 2 | Heel forward R and | put weight on heel – $\frac{1}{2}$ | Turn right on R heel and | put weight back on L |
|-------|--------------------|------------------------------------|--------------------------|----------------------|
| | | | | |

3 & 4 Step back R – Step L next to R – Step R forward

5 – 6 Heel forward L and put weight on heel – ½ Turn left on L heel and put weight back on R

7 & 8 Step back L – Step R next to L – Step forward L

Final in wall 7:Kick R forward – Cross R in front of L – Full turn unwind left

Sect 2 1/4 HEEL GRIND TURN, ROCK BACK WITH HEEL, TOUCH, SCISSOR STEP, SCISSOR STEP

| 1 – 2 Heel forward R and put weight on heel – ¼ Turn right on R heel and put weight back o | con L |
|--|-------|
|--|-------|

& 3 & 4 Back rock on R – Touch L heel forward – Recover on L – Touch R next to L

& 5 – 6 Side step R – Step L next to R – Cross R in front of L & 7 – 8 Side step L – Step R next to L – Cross L in front of R

Break with restart in 5th wall: After count 8, like the final and wait until the music starts again

Sect 3 SIDE, STOMP UP, SIDE, STOMP UP, ¼ TURN AND SIDE, STOMP UP, SIDE, STOMP UP, RUMBA BOX

| & 1 & 2 Side step R – Stomp up L next to R – Side step L – Stomp up R ne | ext to L |
|--|----------|
|--|----------|

& 5 – 6 Side step R – Step L next to R – Step forward R & 7 – 8 Side step L – Step R next to L – Step back L

Sect 4 ½ TOE STRUT TURN, ½ TOE STRUT TURN, COASTER STEP, ¼ TURN, SIDE ROCK, BEHIND, SIDE, CROSS

1 & 2 & ½ Turn right and touch R toe forward – Put weight on R – ½ turn right and touch L toe back –

Put weight on L

3 & 4 Step back R – Step L next to R – Step forward R

5 – 6 ¼ Turn right and side rock L – Recover on R

7 & 8 Cross L behind R – Side step R – Cross L in front of R

Sect 5 POINT, POINT, HEEL, HEEL, FLICK, GRAPEVINE, HOLD

1 & 2 & Point R to right – Step R next to L – Point L to left – Step L next to R

3 & 4 & Heel forward R – Step R next to L – Heel forward L – Flick L back

Restart in 2nd wall, change count 3-4 to: Scuff R next to L - Hitch R - Stomp up R next to L

5 – 6 Side step L – Cross R behind L

7 – 8 Side step L – Hold

Sect 6 VAUDEVILLE, CROSS, FULL TURN UNWIND, STOMP, SWIVET, SWIVET

1 & 2 & Cross R in front of L – Side step L – Heel R diagonal forward to right – Step on R next to L

3-4 Touch L crossed in front of R – Full turn unwind over right, ending with weight on L

Restart in 4th wall

5 – 6 Stomp R next to L – Stomp L next to L

& 7 & 8 Swivel R toe to right and L heel to left – Swivel back to center – Swivel L toe to left and R

heel to right, Swivel back to center