Behind-Side-Cross and More



編舞者: S.M. Fulton (USA) - April 2025

音樂: Somethin' 'Bout A Woman - Thomas Rhett

或: Not Your Man - Teddy Swims

或: Old Flame - Johnny Reid

或: Lover Please - Kris Kristofferson & Rita Coolidge

或: Walk of Shame - Eight to the Bar



Music:

Somethin' About a Woman/Thomas Rhett. 1 restart, 1 tag
Not Your Man/Teddy Swims. No tags or restarts
Old Flame by Johnny Reid. 3 restarts with tags
Lover Please by Kris Kristofferson & Rita Coolidge. No tags or restarts
Walk of Shame/Eight to the Bar. No tags or restarts

#16-count intro for Old Flame, Lover Please and Somethin' About a Woman #32-count intro for Not Your Man, count starting after the small intro. #32-count intro for Walk of Shame.

#See notes at bottom for tags and restarts

Section 1 R side rock, behind-side-cross, L side rock, behind-side-cross

1 2 R side-rock, recover L to side

3 & 4 Cross R behind L, step L to side, cross R over L

5 6 L side-rock, recover R to side,

7 & 8 Cross L behind R, step R to side, cross L over R

Section 2 Pivot one/eighth x 2, side-touch x 2

1 2 3 4 Forward R, step L an eighth to 10:30. Repeat, to 9:00.

5 6 7 8 Step R to side, touch L next to R, step L to side, step R next to L

Section 3 R side rock, crossing shuffle, L side-rock, crossing shuffle

12 R side-rock, recover L

3 & 4 R crossing shuffle in front of R

5 6 L side-rock, recover

7 & 8 L crossing shuffle in front of L

HARDER OPTION for section 3; PAIR WITH HARDER OPTION for Section 4: Side-rock, recover, crossing shuffle, quarter back L [12:00], quarter side R [3:00], L crossing shuffle

Section 4 Side rock cross, hold, side rock cross, hold

1 2 3 4 R side-rock (1), L recover side (2), R cross in front of L (3), hold (4) 5 6 7 8 L side-rock (5), R recover side (6), L cross in front of R (7), hold (8)

HARDER OPTION for Section 4; PAIR WITH HARDER OPTION for Section 3: R side-rock, L recover, R cross, hold. L quarter back [6:00], quarter side R [9:00], L cross, hold.

NOTE: if you do the harder option in section 3, also do it in section 4, so your walls will be right for tags and restarts.

DETAILS ON THE TAGS AND RESTARTS

--With Somethin' About a Woman, restart on wall 3 after 16 counts. Wall 3 starts at 6:00 and 16 counts take you to 3:00. At the end of wall 7, starting at 6:00 and ending at 3:00, do a rocking chair as a 4-count tag. No changes are needed during the funky music sections.

--With Old Flame, there are three restarts, each with a rocking chair as a 4-count tag. On wall 4, starting at 3:00, dance through 16 counts (through the side-touches) to 12:00 then do a rocking chair, then restart. On wall 9, which starts at 12:00, dance 16 counts to the 9:00 wall, then do the rocking chair. On wall 12, starting

at 3, dance the 16 counts, to 12:00, then do the rocking chair tag.

THIS DANCE was written to teach behind-side-cross and side-rock-cross sequences to less experienced dancers. The easy options are recommended for them and use of the slowest music such as Lover Please. I really like the Old Flame music but it is harder because the music doesn't help much ahead of time on the tags.