

Like Falling Asleep

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Easy Advanced
編舞者: Charles Alexander (SWE) - March 2025
音樂: Wasteland (from the series Arcane League of Legends) - Royal & the Serpent,
Arcane & League of Legends Music : (Album: Arcane League Of Legends:
Season 2)



Intro: 12 counts, approx. 7 sec – 140 bpm

Sequence: 32, 32, Tag 1 (Arms 1), 32, 32, 32, Tag 2, 32, Tag 2, Tag 1 (Arms 2), Ending

[1 – 12] STEP, DRAG, TURNING BASIC $\frac{1}{2}$ + $\frac{1}{2}$, STEP, $\frac{1}{2}$ SWEEP

1-3 Step R forward (1). Hold and drag L towards R over 2 counts (2-3).
4-6 Step L forward (4). $\frac{1}{4}$ turn left stepping R to side (5). $\frac{1}{4}$ turn left stepping L back (6). [6:00]
1-3 Step R back (1). $\frac{1}{4}$ turn left stepping L to side (2). $\frac{1}{4}$ turn left stepping R forward (3). [12:00]
4-6 Step L forward (4). Sweep R back to front making $\frac{1}{2}$ turn left (5-6). [6:00]

[13 – 24] R TWINKLE, WEAVE, LUNGE, RECOVER w/ $\frac{1}{2}$ SWEEP

1-3 Cross R over L (1). Step L diagonally forward (2). Step R diagonally forward (3).
4-6 Cross L over R (4). Step R to side (5). Step L behind R (6).
1-3 Rock R to side with bent knee and L toes pointing left (1). Hold for 2 counts (2-3).
4-6 Recover onto L (4). Sweep R back to front making $\frac{1}{2}$ turn left (5-6). [12:00]

[25 – 36] CROSS ROCK, SIDE, CROSS, FULL UNWIND, SIDE, CROSS ROCK, SIDE, DRAG

1-3 Rock R over L (1). Recover onto L (2). Step R to side (3).
4-6 Cross L over R (4). Unwind a full turn right keeping weight on L (5-6).
1-3 Step R to side (1). Rock L over R (2). Recover onto R (3).
4-6 Step L to side. Hold and drag R towards L over 2 counts (2-3).

[37 – 48] DIAMOND FALLAWAY, R BASIC FWD, BACK, $\frac{1}{8}$ DRAG

1-3 Cross R over L (1). Step L to side (2). $\frac{1}{8}$ turn right stepping R back (3). [1:30]
4-6 Step L back (4). $\frac{1}{8}$ turn right stepping R to side (5). $\frac{1}{8}$ turn right step L forward (6). [4:30]
1-3 Step R forward (1). Step L beside R (2). Step R beside L (3).
4-6 Big step L back (4). Drag R towards L turning $\frac{1}{8}$ left over 2 counts (5-6). [3:00]

Tag 1: Happens after Wall 2 (Arms 1) and Wall 6 (Arms 2).

[1 – 12] STEP, HOLD 2-3, $\frac{1}{2}$ TURN, HOLD 5-6, FULL UNWIND, FWD, TOGETHER, HOLD

1-3 Step R forward (1). Hold for 2 counts (2-3).
Arms 1: Push R arm forward with palm facing forward like a “stop”.
Arms 2: Reach R arm forward with palm facing up.
4-6 $\frac{1}{2}$ turn left taking weight on L (4). Hold for 2 counts (5-6). [12:00]
Arms 1: Cross arms in front of face with hands closed.
Arms 2: Reach R arm forward with palm facing up.
1-3 Unwind a full turn right over 3 counts keeping weight on L (1-2-3).
Arms 1: Keep arms crossed.
Arms 2: Place both hands crossed over your heart.
4-6 Step R forward (4). Step L beside R (5). HOLD (6).
Arms 1: Push both hands back and out like pushing yourself forward from something.
Arms 2: Keep hands on heart.

[13 – 24] SIDE, BACK ROCK, SIDE, BACK ROCK, STEP, HOLD 2-3, $\frac{1}{2}$ TURN OVER 3 COUNTS

1-3 Step R to side (1). Rock L behind R (2). Recover onto R (3).
Arms 1: Push R arm out to side with palm facing forward like a “stop”.
Arms 2: Extend R arm to side with hand reaching for something, palm facing up.

4-6 Step L to side (4). Rock R behind L (5). Recover onto L (6).

Arms 1: Push L arm out to side with palm facing forward like a "stop".

Arms 2: Extend L arm to side with hand reaching for something, palm facing up.

1-3 Step R forward (1). Hold for 2 counts (2-3).

Arms 1: Place L arm over chest, R hand on left side on L cheek, palm facing out.

Arms 2: Pull both arm in with elbows to body.

4-6 $\frac{1}{2}$ turn left taking weight on L over 3 counts (4-5-6). [6:00]

Arms 1: Drag R hand fingers across throat from left to right.

Tag 2: Happens after Wall 5 and Wall 6.

[1 – 6] R BASIC FWD, BACK, DRAG

1-3 Step R forward (1). Step L beside R (2). Step R beside L (3).

4-6 Big step L back (4). Drag R towards L over 2 counts (5-6).

Ending: Dance up to count 21 of Tag 1 and add the following:

1-3 Step L forward (1). $\frac{1}{2}$ turn left stepping R back (2). $\frac{1}{2}$ turn left stepping L forward (3). [12:00]

4 Step R forward, with arms hugging yourself (L hand on R side ribs, R hand on L shoulder).

Last Update: 5 Apr 2025
