

A Boat Song (뱃노래)

COPPER KNOB
STEPPERS

拍數: 56 牆數: 1 級數: Improver
編舞者: Dongsook Kim (KOR) & MiKyoung Sim (KOR) - March 2025
音樂: Shanty (뱃노래) - Mr. Pang (미스터팡)



Intro : 32counts

Sec1: A rowing arm motion looking to the right

- 1 - 2 1/4 turn R Step RF fwd stretching out both arms(3:00)
- 3 - 4 Pull arms towards shoulders(weight on LF)
- 5 - 8 Repeat 1-4 arm motion

Sec2: A rowing arm motion looking to the left

- 1 - 2 Turn body to the left stretching out both arms(9:00)
- 3 - 4 Pull arms towards shoulders(weight on RF)
- 5 - 8 Repeat 1-4 arm motion

Sec3: Hitch L, Hitch R, Hitch L turning R full circle

- 1 - 4 1)1/4 turn R weight on RF, 2)Hitch LF, 3)Step LF on place, 4)Hitch RF(12:00)
- 5 - 8 (5-7)Step RF on place and hitch LF turning R full circle, 8)Step LF next RF

*1)clap in front of chest, 2)Open R-hand sideways and L-hand diagonally,
3)clap in front of chest, 4)Open L-hand sideways and R-hand diagonally,
5)clap in front of chest, 6-8)Open R-hand sideways and L-hand diagonally

Sec4: Walk x4 Raising both arms up and sway

- 1 - 4 1)Step RF fwd, 2)Step LF fwd, 3)Step RF fwd, 4)Step LF fwd
- 5 - 8 5)Step RF side, 6)bend knees, 7)Weight on LF, 8)bend knees

*1-4)Raising both hands up, 5-6)sway R, 7-8)sway L

Sec5: Back x4 Bringing both arms down and sway

- 1 - 4 1)Step RF back, 2)Step LF back, 3)Step RF back, 4)Step LF back
- 5 - 8 5)Step RF side, 6)bend knees, 7)Weight on LF, 8)bend knees

*1-4)Bringing both hands down, 5-6)sway R, 7-8)sway L

Sec6: Bending knees with both arms outstretched

- 1 - 4 1)Weight on RF, 2)bend knees, 3)Weight on LF, 4)bend knees
- 5 - 8 5)Weight on RF, 6)bend knees, 7)Weight on LF, 8)bend knees

*Spread both arms out to shoulder height

Sec7: Walk x4 turning R full circle

- 1 - 4 1)1/4 turn R Step RF fwd, 2)Hold, 3)1/4 turn R Step LF fwd, 4)Hold(6:00)
- 5 - 8 5)1/4 turn R Step RF fwd, 6)Hold, 7)1/4 turn R Step LF fwd, 8)Hold(12:00)

*Raise both hands above head and sway

Thank you so much!
Enjoy dancing!