Not at This Party

級數: Beginner

拍數: 32 編舞者: Kris Lonnguist (USA) - April 2025 音樂: Not At This Party - Dasha

*1 Restart

A. Side Step-Swing hips, Coaster step, Side Step-swing hips, Coaster Step

牆數: 2

- 1,2 Step right on RF swinging hips right, swing hips left
- 3&4 Step back on RF, Step back on LF, step forward on RF
- 5&6 Step left on LF swinging hips left, swing hips right
- 7&8 Step back on LF, Step back on RF, step forward on LF

B. Walk, Walk, Kick ball-change, Walk, Walk, Step 1/2 Turn

- 1, 2 Step RF forward, Step LF forward
- 3&4 Kick R forward, Step on RF, Step on LF
- 5,6 Step RF forward, Step LF forward
- Step RF forward, Pivot 1/2 turn on RF switching weight to LF 7, 8

C. Rock, Recover, Triple 1/2, Rock Recover, Shuffle Back

- 1, 2 Step RF forward, Recover weight on LF
- 3&4 Step R turning 1/2 over R shoulder, Cross LF behind RF making a 1/8 turn, Step RF forward
- 5&6 Step LF forward, Recover weight on to RF
- 7&8 Step LF back, Step RF beside LF, Step LF Back

D. Back Rock, Recover, Triple ½, Back Rock, Recover Shuffle Forward

- Step RF back, Recover weight on LF (Turning Left toes to the left as prep) 1,2
- 3&4 Turning a ¼ over left shoulder step on RF, Cross LF behind RF making a 1/8 turn, 1/8 turn stepping back on RF
- 5.6 Step LF back, Recover weight on RF
- Step LF forward, Step RF beside LF, Step LF Forward 7,8

RESTART: Wall 5: Dance first 16 and start over

