Bar Fly

級數: Beginner

編舞者: Sugarfoot (USA) - April 2025

音樂: Long End of the Bar - Chase Manhattan

牆數: 4

Intro: Start after 32 counts on lyrics

拍數: 32

*1x Restart on Wall 5

(1-8) R Toe Touch (x2), Hitch, Grapevine

- 1,2 Touch R toe out to the side, bring R back to meet L
- 3,4 Touch R toe out to the side, hitch R knee up
- 5,6 Step R to side, step L behind R
- 7,8 Step R to side, step L together with R

(9-16) L Toe Touch (x2), Hitch, Grapevine, Scuff Turn

- 1,2 Touch L toe out to the side, bring L back to meet R
- 3,4 Touch L toe out to the side, hitch L knee up
- 5,6 Step L to side, step R behind L
- 7,8 Step L to side, turn ½ over L shoulder while scuffing R heel

(17-24) Half Turns (x3), L Coaster Step

- 1,2 Stomp R down (now facing 6:00)
- 3,4 Turn ½ over L shoulder to face 12:00 and stomp L foot down
- 5,6 Turn ½ over L shoulder to face 6:00 and stomp R foot down
- 7,8 Turn ¼ over L shoulder to face 9:00 and step L foot back, bring R foot to meet L

(25-32) Kicks (x2), V Step

- 1,2 Step L forward and kick R foot out
- 3,4 Step R forward and kick L foot out
- 5,6 Step L foot out diagonally forward L, step R foot out diagonally forward R
- 7,8 Step L foot back in, step R foot back in together with L





級數: ∣