Healing Hands AB



拍數: 64 編數: Absolute Beginner

編舞者: Dee Palmer (USA) - April 2025 音樂: Healing Hands - Elton John



Intro: 40 counts from the beginning of song No Tags/Restarts

DIAGONAL STEP TOUCHES FORWARD

Step RF forward to right diagonal, touch LF
Step LF forward to left diagonal, touch RF
Step RF forward to right diagonal, touch LF
Step LF forward to left diagonal, touch RF

DIAGONAL STEP TOUCHES BACK

Step RF back to right diagonal, touch LF, step LF back to left diagonal, touch RF
 Step RF back to right diagonal, touch LF, step LF back to left diagonal, touch RF

POINT RF OUT, IN, OUT, STEP RF BESIDE LF, POINT LF OUT, IN, OUT, STEP LF BESIDE RF

1-4 Point RF out, in, out, step RF next to LF5-8 Point LF out, in, out, step LF next to RF

(OPTIONAL: REACH RIGHT & LEFT HAND OUT, IN, OUT ACCORDING TO MUSIC LYRICS)

POINT RF OUT, IN, OUT, TOUCH RF, VINE RIGHT

1-4 Point RF out, in, out, touch RF next to LF

5-8 Step RF to side, LF behind, RF to side, touch LF

(OPTIONAL: REACH RIGHT HAND OUT, IN, OUT, ACCORDING TO MUSIC LYRICS)

POINT LF OUT, IN, OUT, TOUCH LF, VINE LEFT

1-4 Point Lf out, in, out, touch LF next RF

5-8 Step LF to side, RF behind, LF to side, touch RF

(OPTIONAL: REACH LEFT HAND OUT, IN, OUT, ACCORDING TO MUSIC LYRICS

K STEP

Step RF forward L to right diagonal, touch LF, step LF back to left diagonal, touch RF
 Step RF back to right diagonal, touch LF, step LF forward to left diagonal, touch RF

TWO RF ROCKING CHAIRS

1-4 Rock forward on RF, recover LF, rock back on RF, recover LF
5-8 Rock forward on RF, recover LF, rock back on RF, recover LF

2 LEFT 1/4 PIVOT TURNS, RF JAZZBOX

1-4 Step forward on RF, pivot 1/4 left, recover LF, Step forward on RF, pivot 1/4 left, recover on

LF

5-8 Step RF slightly over LF, step LF back, step RF to side, step LF next to RF.

** I choreographed this dance to celebrate my 80th birthday!

Last Update: 14 Apr 2025