

My Heart My Home EZ

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Heather Barton (SCO) & Alexis Strong (UK) - April 2025
音樂: More Than A Feeling - Declan J Donovan



We created this beginner dance so you can do a split floor with our improver dance My Heart My Home.

#8 Count Intro

[1-8] SIDE TOGETHER FWD R SHUFFLE, FWD ROCK RECOVER BACK L SHUFFLE

1-2 Step R To R (1) Close L To R (2)
3&4 Step Fwd R (3) Close L To R (&) Step Fwd R (4)
5-6 Rock Fwd L (5) Recover On R (6)
7&8 Step Back On L (7) Close R To L (&) Step Back On R (8)

[9-16] WALK BACK R L, BACK R ROCK RECOVER, X2 CROSS POINTS

1-2 Walk Back R (1) Walk Back L (2)
3-4 Rock Back On R (3) Recover On L (4)
5-6 Cross R Over L (5) Point L (6)
7-8 Cross L Over R (8) Point R (8)

[17-24] R JAZZBOX 1/4 TURN, CHASSE R L ROCK BACK RECOVER.

1-2 Cross R Over L (1) Making 1/4 Turn R, Step Back On L (2)
3-4 Step R To R (3) Cross L Over R (4) 3:00
5&6 Step R To R (5) Close L To R (&) Step R To R (6)
7-8 Rock Back On L (7) Recover R (8)

[25-32] STEP L DRAG R, R ROCK BACK RECOVER, V-STEP.

1-2 Large Step L (1) Drag R To L (2)
3-4 Rock Back R (3) Recover L (4)
5-6 Step R Out (5) Step L Out (6)
7-8 Step R In (8) Step L In (8)

ENJOY