# My Country Style



拍數: 64 編數: 4 級數: Phrased Improver

編舞者: Beautiful Crazy Dancing (USA) - April 2025

音樂: My Country Style - Fredy P



Sequence: A, A, B, A, A, B, Restart, A, A, B

Restart: During second "B" after 16 counts

#### Part A: 32c

#### Section 1: Step Hitch x3, Kick and Point x2

1-2 | Step RF forward, hitch R knee (scoot LF forward) -travel forward to 12:00

\$3 | Step RF down, hitch R knee (scoot LF forward) -continue travel
 \$4 | Step RF down, hitch R knee (scoot LF forward) -continue travel

5-6 | Kick RF forward & close, Point LF side & close7-8 | Kick LF forward & close, Point RF side & close

### Section 2: Scuff Turn, Stomp, Hips, Sailor Step, 3/4 Turn

1-2 | Scuff RF with 1/4 turn left 3-4 | Stomp RF, hip rolls or shakes

5-6 | Left sailor step (L-R-L)

7-8 | Cross LF in front of RF, unwind 3/4 turn over right shoulder (end facing 9:00)

## Section 3: Triple Step, Side Toe Taps x3, Clap, Toe Heel Stomp

1-2 | Triple step forward (R-L-R)

3-4 | Tap RF to side, switch to tap LF to side

5&6 | Tap RF to side, double clap7&8 | Tap RF toe, heel, stomp RF

## Section 4: Toe Heel Stomp (L), Scuff, Cross, Full Turn

1&2 | Tap LF toe, heel, stomp LF3-4 | Scuff RF, cross RF over LF

5-8 | Unwind full turn over left shoulder (end facing 9:00)

#### Part B: 32c

## Section 1: 1/4 Turn, 1/2 Turn x2, Body Roll

1-2 | 1/4 turn left stepping RF to side

3-4 | 1/2 turn left LF back

5-6 | 1/2 turn left stepping RF forward7-8 | Step feet together, body roll

## Section 2: Hip Sways x4

1-2 | Sway hips to right
3-4 | Sway hips to left
5-6 | Sway hips to right
7-8 | Sway hips to left

#### Section 3: Scissor Step, Rock Step, 1/2 Turn

1&2 | Scissor Step forward (Step RF to side, close LF next to RF, cross RF over LF)

3-4 | Rock forward on LF, recover on RF

5-8 | Step back on LF, make 1/2 turn left stepping RF, hold (or prep for A restart)

## **Restart Note:**

On the second "B" sequence, restart the dance after 16 counts (right after the body roll) Begin again wi						