

A Lotta Women

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Marianne Langagne (FR) - April 2025
音樂: A Lotta Women - Larry Fleet



Intro : 16 Counts

S1 ¼ TURN L ROCK FWD, ¼ TURN R RECOVER, KICK BALL CROSS, DIAGONAL ROCKING CHAIR & 1/8 TURN R STEP FWD, HITCH 1/4 TURN R

- 1 – 2 ¼ Turn L – RF Fwd (9.00) , Recover on LF with ¼ Turn R (12.00)
- 3 & 4 Kick RF, Together, Cross LF over RF
- 5 & 6 & RF Diagonal Fwd R, Recover on LF, RF Diagonal Back L, Recover on LF (1.30)
- 7 – 8 1/8 Turn R – Large Step RF Fwd (3.00) , ¼ Turn R – Hitch L Leg with pivot on R Ball (6.00)

S2 L SIDE, CHA CHA & SIDE, BEHIND , ¼ TURN R WALK R – L - R, L MAMBO STEP

- 1 LF to the L
- 2 & 3 Together, Recover on LF, RF to the R
- 4 & 5 Cross LF behind RF, ¼ Turn R – RF Fwd, LF Fwd (9.00)
- 6 RF Fwd
- 7 & 8 LF Fwd, Recover on RF ,LF Slightly Back

S3 LARGE STEP BACK , SWEEP, SAILOR STEP, BEHIND , ¼ TURN L SIDE, TOE FWD, HIP BUMP & HEEL &

- 1 Large Step RF Back
- 2 Sweep LF Back
- 3 & 4 Cross LF Behind RF, RF to the R, LF to the L
- 5 & Cross RF Behind LF, ¼ Turn L – LF to the L
- 6 R Plant Fwd (Heel Up)
- & 7 Raise hip R, Lower hip
- & 8 RF Back, L Heel Fwd
- & Together - HERE RESTART N° 2 (5th Wall – Facing 12.00)

S4 STEP, SPIRAL FULL TURN L, TRIPLE STEP FWD, HEEL GRIND ¼ TURN R & CROSS, R POINT TO R

- 1 RF Fwd
- 2 Full Turn on R Ball crossing LF over R Leg (6.00)
- 3 & 4 LF Fwd, Together, LF Fwd
- 5 – 6 Heel Grind in ¼ Turn R (9.00) , Recover on LF
- & 7 RF to the R, Cross LF over RF
- 8 R Point to the R

S5 SAILOR ½ TURN R , L , ½ TURN R, ¼ TURN R , CROSS , SIDE ROCK , R POINT FWD , R POINT TO R

- 1 & 2 ¼ Turn R – Cross RF Behind LF, ¼ Turn R – LF to the L, RF Slightly Fwd (3.00)
- 3 - 4 ½ Turn R – LF Back (9.00) , ¼ Turn R – RF to the R (12.00)
- 5 Cross LF over RF
- & 6 RF to the R, Recover on LF
- 7 - 8 Point RF in front, Point R to the R - HERE RESTART N° 1 (2ND Wall - Facing 6.00)

S6 WALK R – L , ANCHOR STEP, ½ TURN L WALK L – R & HEEL & L POINT TO L

- 1 -2 Walk RF, Walk LF
- 3 & 4 RF Behind LF, Recover on LF, RF Slightly Back
- 5 – 6 ½ Turn L – Walk L - R (6.00)

& Together
7 & R Heel Fwd, Together
8 & L Point to the L, Together

Dance & Have Fun !!!!

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