Universal Mambo

級數: High Beginner

編舞者: Penny Tan (MY) - April 2025

音樂: Universal Mambo - De Martijn & Jenn Morel

Intro: 32C (No Tags / 2 Restarts)

拍數: 32

*Restart after 16C on W2 (3:00) & W5 (9:00)

SEC1:SYNCOPATED TOES SWITCHES, HIP BUMPS, TOGETHER (R-L)

- 1&2& Point R toes out to R side(1), step RF next to LF(&), point L toes out to L side(2), step LF next to RF(&)
- 3&4& Point R toes out to R side(1) , hips bump up to R (&) , hips bump down (4) , step RF next to LF (&)
- 5&6& Point L toes out to L side (5), step LF next to RF(&), point R toes out to R side(6), step RF next to LF(&)
- 7&8& Point L toes out to L side (7) , hips bump up to L (&) , hips bump down (8) , step LF next to RF (&)

SEC2:MAMBO STEPS

- 1&2 Step RF fwd ,recover on L ,step RF back
- 3&4 Step LF back,recover on R ,step LF fwd
- 5&6 Step RF to R ,recover on L,step RF next to LF
- 7&8 Step LF to L,recover on R,step LF next to RF

*Restart here on W2 (3:00) & W5 (9:00)

SEC3:CROSS SHUFFLE, $\frac{1}{2}$ TURN L CROSS SHUFFLE, $\frac{1}{4}$ TURN R BACK , RECOVER , FWD , PIVOT 3/4 R TURN , SIDE

- 1&2 Cross RF over LF , Step LF to L, cross RF over LF
- 3&4 1/2 turn L , cross LF over RF ,step RF to R ,cross LF over RF (6:00)
- 5&6 ¹/₄ turn R , rock RF back , recover on L , step RF fwd (9:00)
- 7&8 Step LF fwd , 1/2 turn R , step RF fwd on R (3;00) , 1/4 turn R , step LF to L side (6:00)

SEC4:BOTA FOGO (R-L) , SAILOR STEP, 1/4 L TURN SAILOR STEP

- 1&2 Cross RF over LF , step LF to L side , step RF on R
- 3&4 Cross LF over RF , step RF to R , step LF on L
- 5&6 Step RF behind LF ,step LF to L,step RF to R
- 7&8 1/4 L turn , step LF behind RF , step RF to R , step LF fwd (3:00)

Have fun and happy dancing!

Last Update: 18 Apr 2025





牆寠

牆數:4