

If You Hadn't Been There

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Michael Lynn (UK) - April 2025
音樂: If You Hadn't Been There - Dolly Parton



#10 count intro - 9 secs approx

SEC 1 Nightclub Basic, Side, Coaster Step, Step, 1/2 Pivot, 1/2 Back Sweep, 1/2 Sailor Step

1-2& Step right to right, step left beside right, cross right over left
3 Step left to left
4&5 Step right back, step left beside right, step right forward
6& Step left forward, pivot 1/2 right transferring weight onto right
7 Turn 1/2 right step left back sweeping right from front to back (12:00)
8&1 Turn 1/4 right step right behind left, turn 1/4 right step left to left, step right forward (6:00)

SEC 2 Mambo Step, Coaster Cross, Scissor Step Cross, Reverse Full Rolling Turn

2&3 Rock left forward, recover weight on to right, step left back
4&5 Step right back, step left beside right, cross right over left
6&7 Step left to left, close right beside left, cross left over right (7:30)
8&8 Turn 1/4 left step right back, turn 1/2 left step left forward, turn 1/2 left step right to right (6:00)

SEC 3 1/8 Back Rock, 1/4 Side, Lockstep, 1/4 Side Rock Hitch, Back, Hook, Step Sweep, Cross, Back, 1/2 Step Hitch

1-2 Turn 1/8 left as you rock back left popping right knee, recover weight on to right (4:30)
8&3&4 Turn 1/4 right stepping left to left side, step right back, lock left over right, step right back (7:30)
8&5-6 Turn 1/4 left step left to left, step right forward back hitching left, step left back hooking right over left (4:30)

STYLING: On count 6 look over your left shoulder sweeping right hand out and towards left shoulder

7 Step right forward sweeping left from back to front
8&1 Cross left over right, step right back, turn 1/2 left step left forward hitching right (12:00)

SEC 4 Cross, Back, 1/2 Step Sweep, Cross Rock, Nightclub Basic, Side Sway, Sway

2&3 Cross right over left, step left back, turn 1/2 right step right forward sweeping left from back to front (6:00)
4& Cross rock left over right, recover weight on to right
5-6& Step left to left, step right beside left, cross left over right
7-8 Step right to right swaying right, sway left

ENDING (start facing 12:00)

SEC 1 Nightclub Basic, Side, Coaster Step, Step, 1/2 Pivot, 1/2 SWEEP

1-7 Repeat counts from section

Exactly the same as section 1 just keep to the rhythm and slow down with the right crossing behind the left.

This dance is dedicated to anyone who has loss someone special in their lives and for those struggling with future loss.

Michael x