

Have No Fear

拍數: 32 牆數: 4 級數: Improver
編舞者: Gregory Danvoie (BEL), Daniel Trepas (NL), Tina Argyle (UK) & José Miguel Belloque Vane (NL) - April 2025
音樂: No Fear - Jon Reddick



Intro: 16 counts from first beat in music (app. 12 seconds into track)

Tag: 16 counts tag after the 1st and the 7th walls

[1 – 8] Step R, Touch, Step L, Kick, Weave L, Rumba Box

- 1 & 2 & Step R to R side (1), Touch L next to R (&), Step L to L side (2), Kick R to R side (&) 12:00
- 3 & 4 Cross R behind L (3), Step L to L side (&), Cross R over L (4) 12:00
- 5 & 6 Step L to L side (5), Step R next to L (&), Step L forward (6) 12:00
- 7 & 8 Step R to R side (7), Step L next R (&), Step R back (8) 12:00

[9 – 16] Coaster Step, Step ¼ L Cross, Step L, Rock Step, Step R, Rock Step

- 1 & 2 Step L back (1), Step R next to L (&), Step L forward (2) 12:00
- 3 & 4 Step R forward (3), Turn ¼ L stepping on L (&), Cross R over L (4) 9:00
- 5 – 6 & Step L to L side (5), Rock R back (6), Recover on L (&) 9:00
- 7 – 8 & Step R to R side (7), Rock L back (8), Recover on R (&) 9:00

Restart Here in the 5th wall 9:00 - *** step together with left, in place of the rock back ***

[17 – 24] Shuffle ¾ Turn L, Sweep R fwd, Cross, Step L, Cross & Sweep, Cross, ¼ Turn R, Step Fwd

- 1 & 2 & Turn ¼ L stepping L forward (1), Step R next to L (&), Turn ¼ L stepping L forward (2),
- 3 & Step R next to L (&), Turn ¼ L stepping L forward (3), Step R next to L (&), 12:00
- 4 – 5 & Step L forward & sweep R forward (4), Cross R over L (5), Step L to L side (&),
- 6 Cross R behind L & sweep L back (6) 12:00
- 7 – 8 Cross L behind R (7), Turn ¼ R stepping R forward (&) Step L forward (8) 3:00

[25 – 32] Mambo Fwd, Mambo Back, 2x Step ½ Turn L

- 1 & 2 Rock R forward (1), Recover on L (&), Step R back (2) 3:00
- 3 & 4 Rock L back (3), Recover on R (&), Step L forward (4) 3:00
- 5 – 6 Step R forward (5), Turn ½ L stepping on L (6) 9:00
- 7 – 8 Step R forward (7), Turn ½ L stepping on L (8) 3:00

TAG 16 counts tag after the 1st and the 7th walls

[1 – 8] ¼ Turn L, Step R, Arm Movement, Step L, Arm Movement

- 1 – 4 Turn ¼ L stepping R to R side – Start raising R arm in R diagonal (1), Continue rising R arm (2 – 4) (keep arm up for the next 4 counts) 12:00
- 5 – 8 Step on L & start raising L arm in L diagonal (5), Continue rising L arm (6 – 8) 12:00

[9 – 16] Centre, Arm Movement, Jazz Box ¼ Turn R, Cross

- 1 – 4 Recover weight to centre & bring both arms slowly down (1 – 4) 12:00
- 5 – 8 Cross R over L (5), Turn ¼ R stepping L back (6), Step R to R side (7), Cross L over R (8) 3:00

HAPPY DANCING!

Last Update: 25 Apr 2025