

Your Mama

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Tommy G. Parker (USA) - April 2025
音樂: Take Your Mama - Scissor Sisters
或: Faith - George Michael



NOTE: TAKE YOUR MAMA is a SLOW groovy tempo. FAITH is a FASTER upbeat tempo.
NO TAG or RESTARTS

INTRO:

TAKE YOUR MAMA (full length version) — 32 count, starts on lyrics.

TAKE YOUR MAMA (radio edit version) — 16 count, starts on lyrics.

FAITH (remastered version) — organ music, the 8 count, starts on lyrics.

[1-8]: (facing 12:00) COASTER (RLR). SHUFFLE forward (LRL) with ½ TURN right (facing 6:00). SAILOR (RLR) with ½ TURN right (facing 12:00). SHUFFLE leR (LFL) with ¼ TURN right (facing 3:00).

- 1 & 2 (facing 12:00 wall) RF step back [1], LF step back next to RF [&], RF step forward [2].
- 3 & 4 Triple step forward — leX[3] right[&] leX[4] — turning ½ turn over right shoulder (now facing 6:00 wall).
- 5 & 6 RF step behind LF [5] with ¼ turn right (now facing 9:00 wall). LF steps forward [&] with ¼ turn right (now facing 12:00), RF steps next to LF [6].
- 7 & 8 Triple step leX — leX, [7] right[&] leX[8] — turning ¼ turn right (now facing 3:00).

[9-16]: (facing 3:00) RF STEP back with ¼ TURN right (facing 6:00), TAPPING L TOE behind RF. SHUFFLE leR (LRL) with ½ TURN leR (facing 12:00). RF STEP right, TAPPING L TOE behind RF. SHUFFLE leR (LRL) with ¼ TURN leR (facing 9:00).

- 1, 2 (facing 3:00) RF step back [1] with ¼ turn right (now facing 6:00), tap leX toe behind RF [2].
- 3 & 4 Triple step leX — leX[3] right[&] leX[4] — turning ½ turn over leX shoulder (now facing 12:00).
- 5, 6 RF step right [5], tap leX toe behind RF [6].
- 7 & 8 Triple step leX — leX[7] right[&] leX[8] — turning ¼ turn over leX shoulder (now facing 9:00).

[17-24]: (facing 9:00) RF MAMBO forward & back. SHUFFLE (LRL) with ½ TURN leR (facing 3:00). SHUFFLE (RLR) with ½ TURN leR (facing 9:00). COASTER (LRL).

- 1 & 2 (facing 9:00) RF step forward [1], shiX weight back onto LF [&], RF return next to LF [2].
- 3 & 4 Triple step back — leX[3] right[&] leX[4] — turning ½ turn over leX shoulder (now facing 3:00).
- 5 & 6 Triple step forward — right[5] leX[&] right[6] — turning ½ turn leX (now facing 9:00)
- 7 & 8 LF step back [7], RF step back next to LF [&], LF step forward [8].

[25-32]: (facing 9:00) TOUCH R TOE forward and ROLL right HIP in a CIRCULAR MOTION (clockwise) while PIVOTING ¼ turn on LF (facing 6:00). REPEAT (facing 3:00). REPEAT (facing 12:00). REPEAT (facing 9:00)

- 1, 2 (facing 9:00) Keeping weight on LF, touch RF toe forward [1] while rolling right hip up and outward making one full “belly dance” circle (clockwise). Roll right hip again [2], pivo`ng ¼ turn leX (now facing 6:00).
- 3, 4 Repeat [3], [4] (now facing 3:00).
- 5, 6 Repeat [5], [6] (now facing 12:00).
- 7, 8 Repeat [7], [8] (now facing 9:00).

START AGAIN, now facing 9:00 wall.